



SHENFIELD HIGH SCHOOL

Shenfield High School
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Newsletter

Autumn Term 1 – October 2020

News from the Headteacher

Dear Parent/Carer

Delighted though we are to be back in school after the period of lockdown, we are equally pleased to be nearing half term! Students are tired having adjusted back into school routines and I am sure we will all renew our energy levels and come back on the 2nd November ready to face the challenges of the next half term.

As you will be aware from my communication in August, extensive arrangements have been made to ensure that students and staff are as safe as they can be in a school environment. A great deal of planning was done in advance and we have altered arrangements slightly as we have seen what is working well and what has needed to be improved or simplified. Students have responded very positively. The school is calm and purposeful with students behaving well, teachers teaching well and the whole staff and school community pulling together. Thank you for your support at this challenging time.

FACE COVERINGS: As Essex was designated a Tier 2 Covid Alert Level last week, we have now implemented the wearing of face coverings for students, staff and visitors in indoor communal areas where social distancing is difficult to maintain. Thank you for providing face coverings for your children and ensuring that they know how they should be used safely. Students should also be wearing face coverings on school buses and, of course, it is compulsory in shops and on public transport.

OTHER SAFETY MEASURES: There should be no mixing of households at the moment (unless you are in a support bubble.) Students should not be visiting or

staying overnight with friends, nor should they be in confined spaces such as cars with people from other households. Please also ensure that you are aware of quarantining requirements for travel or if a member of your household tests positive for COVID19 or has the specific COVID19 symptoms.

ARRANGEMENTS FOR REMOTE LEARNING IF IT BECOMES NECESSARY:

Individual Self-Isolation:

- For the first 48 hours students are expected to use the PREP newsletter. All PREP Newsletter work is aligned to the curriculum.
- Following the first 48 hours the school will provide work for each lesson the student would have attended each day. Powerpoints and resources will be converted to a PDF format so they can be accessed easily from different devices. Where PE is timetabled, students are expected to take an hour of light exercise within the home environment.
- Students are expected to complete the work set and on their return to do any assessments missed and to inform staff of areas of difficulty experienced.

Year Group Isolation or Rotation – we very much hope we will not be in this position but the arrangements will be as follows if this happens:

- Until the end of the week in which the year isolation occurs, work will be placed on Go4Schools relating to current work in each subject.
- From the following Monday, an interactive timetable will be available to every student. All students will receive an online lesson for every hour of curriculum time in each subject that they would have received in school.
- There will be at least one assessed piece of work for each subject for every two weeks of remote learning. This will be in line with the subject's marking and feedback policy or adapted for the conditions imposed by remote learning.

Courtesy to our neighbours:

We have noticed that more parents are bringing their children to and from school in private cars than has been the case previously. We understand why, of course, but I would like to appeal to parents to make sure they park safely and courteously. Local residents are complaining to us that their driveways are being blocked and that cars are encroaching onto pavements making the walkway unsafe for pedestrians. Thanks for your cooperation and courtesy in this regard.

...and the work of the school goes on:

While we are all dealing with many restrictions, the work of the school goes on as you will see from the rest of this newsletter. We have a new system of KS3

Challenge, Contribution and Collaboration Points and KS4 Credits for our students to earn. Students in Y7 to 10 have also had the opportunity to apply for student leadership positions with the chance to work alongside our Head Boy, Head Girl and their team of prefects. In addition, students have been considering Black History Month through a thought-provoking assembly delivered by Miss Watson. Please have a look at Bryanna Benjamin and Annaliese Bimpong's art work later in the newsletter.

Finally we are delighted that our U13 boys won the Elite Schools National Cup last Friday, and our U14 girls were very worthy runners up. A number of staff were cheering both teams on from the Pastoral office on Friday afternoon and we are incredibly proud of them all. Do read more later in the newsletter.

I hope you have a very enjoyable half term and we look forward to seeing students again on Monday 2nd November which is a Week A.

Yours sincerely



Carole Herman
Headteacher

Attendance

Please note the email address to use for all attendance matters including enquires, queries and absences is:-

attendance@shenfield.essex.sch.uk

Pastoral Team

Who to contact in the Key Stage 4 Pastoral Team

Pastoral Secretary – Mrs Walker
j.walker@shenfield.essex.sch.uk

Student Services – Mrs Purbrick
l.purbrick@shenfield.essex.sch.uk

Year 7 Pastoral Manager – Mrs Kalaitzis
k.kalaitzis@shenfield.essex.sch.uk

Year 8 Pastoral Manager – Mrs Hodgson-Wild
a.hodgson-wild@shenfield.essex.sch.uk

Year 9 Pastoral Manager – Mrs Allen
j.allen@shenfield.essex.sch.uk

Year 10 Pastoral Manager – Ms East
v.east@shenfield.essex.sch.uk

Year 11 Pastoral Manager – Mrs Messenger
k.messenger@shenfield.essex.sch.uk

Pastoral Coordinator – Miss Day
g.day@shenfield.essex.sch.uk

Assistant Headteacher: Behaviour and Standards – Mr Rigg
j.rigg@shenfield.essex.sch.uk

- [Year 7 Curriculum and PREP](#)
- [Year 8 Curriculum and PREP](#)
- [Year 9 Curriculum and PREP](#)
- [Year 10 Curriculum and PREP](#)
- [Year 11 Curriculum and PREP](#)

Welcome Year 7

Lots of students joined us for our Summer Induction Camp in the last week of the summer holidays and we thoroughly enjoyed meeting you our new Year 7 students ahead of their September start.

Year 7 students have settled in wonderfully; we are really pleased to see new friendships forming and students engaging so positively in their new subjects.

Year 10 Boxercise



It was excellent to see some Year 10 students at our Boxercise sessions on Tuesdays after school. This has been funded externally and is a brilliant opportunity for students to feel the benefits physically, mentally and emotionally that exercise provides.



Challenge, Contribution and Collaboration Points and KS4 Credits

We knew our students would rise to the challenge and would earn themselves a huge number of C points and KS4 credits, but we are incredibly impressed at the numbers just half a term into the new school year. Over 10,000 C points have been awarded to KS3 students, and over 5,000 KS4 credits to our Year 10 and Year 11 students. Individual year group teams have held virtual celebration assemblies in the last week of the half term, so form groups and individuals will be aware of their totals and contributions.

A big well done to everyone, we look forward to seeing the numbers rise as the year progresses!

Jack Petchey

Huge congratulations to the following students for being nominated and winning a Jack Petchey Award.

Amy Dann – Year 11 – Nominated by Mrs Messenger: Amy is a delightful young lady who always give her all. She enjoys the performing arts and always shines when on stage, which takes a huge amount of determination.

Kitty Steward – Year 11 – Nominated by Mrs Messenger: Kitty faces challenges on a daily basis and often has hurdles to get over, but she is determined and takes charge to gain control of her situation; she works extremely hard to achieve her goals.

Year 11 Internal Mock Exams 23rd November to 4th December

Students are covering study skills during Tuesday and Wednesday form time and should all by now have a revision timetable in place, the sooner they start revising the better.

[Revision timetable template can be found here if required.](#)

Once everything is finalised students will all be issued with a personalised timetable with their seat number.

KS5

Who to contact in the Key Stage 5 Pastoral Team

Pastoral Managers

Mrs Downey

c.downey@shenfield.essex.sch.uk

Mrs Panayi

e.panayi@shenfield.essex.sch.uk

Pastoral Secretary: Mrs Dunn

j.dunn@shenfield.essex.sch.uk

Head of Sixth Form: Mr Cooke

a.cooke@shenfield.essex.sch.uk

Congratulations to our Student Leadership Team for 2020/21

Head Boy – Tyron Denton

Head Girl – Amy Williams

Deputy Head Boy – Bradley Twine

Deputy Head Girl – Stephanie Harding

Prefects:

Bobby Macgregor

Charlie Hibbert

Lucas Bennett

Harley Harris

Grace Dignum

Erica Hobson

Virtual Sixth Form Open Evening this year on Thursday 12th November

There will be a virtual Sixth Form open evening this year on Thursday 12th November.

An online application form will also be available from this date. Please see the website on the 12th November for details.

Black History Month Artwork



Two of our Year 12 students, Bryanna Benjamin and Annaliese Bimpong, have composed these two fantastic pieces of artwork for Black History Month.

Important information

Online Safety Discussion

Depending on your experience of digital platforms you will see a marked distinction between the online world and the 'real world'. Young people today are digital natives and navigate those spheres with skill and ease, better than most adults. However errors are made and confusion arises which can lead to unsafe issues. Digital media has been overly demonised in the past but how we would have coped through lock down without our online worlds merging. PE with Joe, Marcus Rushford, Captain Sir Tom Moore, #clapfortheNHS all gained momentum and influence because of social media. Social media and the communication it allows is not all bad, but neither is it all good. As the old adage says, everything in moderation. I would add to that: everything in moderation and everything informed! The most recent Internet Watch Foundation research has once again

highlighted an established trend; the worst and most dangerous online behaviours take place within the home. If you have provided your child with a piece of technology that has online capabilities (that's pretty much all of them) are you the gatekeeper or are they? Are you confident that you understand how it works, what can be accessed and what it is being used to communicate or share? Keeping up-to-date with new apps, platforms and language simply is not possible. Consistent, open talk based on trust is.

Fear of Missing Out or FOMO in part accounts for why so many young people spend so much time (research suggests around 20 hours a week) online. However it needs balance, looking at a screen for over 20 hours a week we can all agree is not great. Accessing and looking at a phone before bed has been demonstrated to impact on quality of sleep and checking social media first thing in the morning just is not helpful for a good sense of wellbeing. Encourage your child to take a break. Then, practice what you preach. Ask yourself:

- What do you post online?
- How much time do you spend on your phone?
- How do you talk or communicate in online forums and then how do you discuss that offline?
- Would you be content if your child spoke that way to you or if someone spoke to your child that way?

How we model online behaviour to our children matters.

The first step is to be informed. To that end, listed here are a number of useful places to get information:

National Online Safety –
<https://www.nationalonlinesafety.com>
@nationalonlinesafety

Alan Mackenzie - @esafetyadviser

NSPCC - <https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

Common Sense Media -
<https://www.commonsensemedia.org/homepage>

KCSIE -
https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/912592/Keeping_children_safe_in_education_Sep_2020.pdf
Page 106 of this document has around 16 different information sources.

We have a highly skilled safeguarding team here and all members of staff receive training around supporting students to navigate online spaces safely. As always if you have any safeguarding concerns about your child or any other child in school please contact one of the team via the school switchboard.

DSLs

Mrs J Comerford – Mr DJ Barron – Mr J Rigg – Miss G Day – Mrs J Pitkin

Eating Disorders

Sometimes it is extremely difficult to find help for specific issues. At school we have noticed a recent rise in young people having a difficult relationship with food. Our research suggests that families may be able to access further support for this issue through MIND:

Offers information and support for anybody affected by eating disorders.

One-to-one web chat available.

Enter your postcode in the HelpFinder to see what eating disorder support is available in your area.

Information on helpline accessibility and confidentiality available here.

Phone: 0808 801 0677 (helpline for anyone over 18)

Phone: 0808 801 0711 (youthline for anyone under 18)

Phone: 0808 801 0811 (studentline)

Email: help@beateatingdisorders.org.uk (for anyone over 18)

Email: fyp@beateatingdisorders.org.uk (for anyone under 18)

Email: studentline@beateatingdisorders.org.uk (for students)

Opening times: 365 days a year - weekdays (9am - 8pm); weekends (4pm - 8pm)

Please let us know if there is anything we can do to support further in school if you or your child is worried by this issue or any other Safeguarding issue.

ACL Essex

ACL Essex offer FREE interactive courses to help you negotiate these tricky times. If you are a parent, grandparent or caring for a child or young person living in Essex they have support for you. Some courses are delivered LIVE as an online classroom at the time stated, others are available to take at your pace whenever it suits your family. Further details can be found within the course information.

<https://aclessex.com/community-family-learning-online/>

[Selection_Course_Activities-1](#)

[Selection_Course_Activities-2](#)

Trips, Visits and Events

Key Stage 4 and Key Stage 5 Award winners

We celebrated our Awards Evening virtually this year. All award winners were sent a link to the programme and received a written citation and a video of a member of staff presenting the award.

Congratulations to all our award winners this year.

Our Jack Petchey Award winners 2019 – 2020.

Students are chosen for an award based on nominations made by staff and also by their peers. The Student Leadership Team chooses the winners from an anonymised citation – and citations recognise attributes such as overcoming challenges, going above and beyond expectations, showing leadership and being community minded.

Each student gets £250 to spend on anything they want to within school. This year's winners have purchased lots of different things from Art light pads, headphones, various books, sensory projector for providing calm and to help wellbeing.

Congratulations to all of the winners:

September 2019

Ronni Hilton - Year 7

October 2019

Robbie Morris - Year 10

November 2019

Sonny Manning - Year 9

January 2020

Sky Hart - Year 13

February 2020

Amy Dann - Year 10

March 2020

Kitty Steward - Year 10

April 2020

Nidhi Goel - Year 13

May 2020

Ciera-Ann McGuire - Year 13

June 2020

Henry Juniper - Year 8

Careers

Virtual Careers Information Fair Booklet 2020.

During this time of year, we would normally have had the pleasure of inviting parents and all pupils of Year 8 through to Year 13, to our annual in-house Careers Information Fair. Sadly, due to the current Covid-19 restrictions, we will not be able to host the careers fair in the normal way.

To act as an alternative, please view our [Virtual Careers Fair Information Booklet](#).

This booklet will guide parents and students to contacts within College, University, Apprenticeships, Careers and much much more. We hope you find this booklet informative and look forward to welcoming you to our Careers Fair once more in October 2021.

Y11 Post 16 Options Advice

On Friday 25th September 2020, Directions gave their virtual post 16 options advice to all Year 11 students during form time.

Please find a [copy of information here](#) for your review.

We hope you find the information as informative as our students did.

Sport

Shenfield U12 Girls National Cup Football Runners-Up

Shenfield High School's U12 girls have enjoyed a memorable first season at the school having been unbeaten in all competitions. Their first trophy success came in the Mid Essex round of the ESFA National 5-a-side Cup. From there they represented their District in the South-East England competition where after some close games they saved their best performance for the final where best Woodlands, Basildon 4-0.

As South-East England Champions they then had the opportunity to play for the National title in Birmingham along with 7 other regional winners.

Shenfield's girls came out of the blocks firing scoring 3 quick first half goals against Cambourne, Cornwall. However Shenfield had keepers Linda Murati and Katie Bailey to thank for keeping us ahead as Cambourne posed a real threat in attack. A break away goal in the last minute helped Shenfield to a 4-0 win.

Their second game was a closer first half but Shenfield pulled away in the second half with Jess Winstone-Adair and Marcie O'Meara scoring 2 each in a 5-1 win.

The final group started perfectly for Shenfield against a very competitive St James Catholic School from Stockport. Shenfield were 3-0 up at half time before St James scored 3 quick goals to level it with a minute to go. Marcie O'Meara came to the rescue scoring her third and the winner with seconds to go.

Shenfield met St Gregory's in the semi-final and a tense first half saw few chances. St Gregory's scored the opener and looked like going through to the final before Jess Winstone-Adair saved the day with a last minute goal. The game went to extra-time and 2 excellent strikes from Lucy Allison won the game for Shenfield to put them through to the National final. Originally the plan was to play the final at Wembley Stadium before a Euro 2020 game but with that tournament in doubt at this point, the decision was to play the final against St Benedicts in Birmingham.

Shenfield got off to the best start and took the lead when Captain Jess scored her 8th goal of the tournament. At half time Shenfield looked comfortable but Shenfield had to reorganise after an injury to their captain. In those final 2 minutes St Benedicts got on top and scored two late goals to seal the win and the title of National Champions.

Team manager Garry Sapsford was philosophical and remarked, "It has been an unforgettable journey for our girls. The experience of playing under such competitive pressure will serve them very well for future. Competitive action and the memories they have of so many excellent performances and being the second best team from over 400 schools that originally entered will give them lots of confidence moving forwards. We are certainly very proud of each of the girls who have gone further in this particular competition than any other Shenfield team in the history of the school."

Shenfield U13 Boys National Cup Champions and U14 Girls Runners-up



To have two school teams reaching National Cup football finals in one season is a rare achievement for a school without a partnership to a professional football club. To do it 2 years in a row with the same

two sides is the remarkable feat of the Shenfield's U14 girls and U13 boys.

The ESFA did a superb job in getting last season's National Finals organised in a safe environment at Lilleshall's National Sports Centre and both Shenfield teams had been working hard to prepare themselves for these finals since lockdown restrictions were lifted.

The U14 girls met Hodgson Academy from Blackpool. They were a strong and physical side who never allowed our girls to settle. Elise Jennings was the outstanding player for Shenfield, scoring an incredible 4 goals. Despite going ahead three times in the game, Hodgson kept coming back, equalising three times before going ahead 4-3 with minutes left on the clock. Elise scored another superb goal with seconds left to take the game to penalties. However, retaining the title won last season was not to be for our girls with Hodgson winning 5-4 on penalties.

Shenfield's Year 9 boys reached the Elite Schools National Cup final last March with a superb 3-1 win against Northampton School for Boys. In the final they were to meet Sandwell Academy, who defeated our boys in last season's Elite Cup final 3-0. Sandwell are partnered with West Bromwich Albion so have a full team of excellent Academy footballers. To have a chance in the game the Shenfield boys knew they needed to be disciplined in defensive shape and work harder than ever. The whole squad bought into the strategy and were buoyed by some big early tackles from Harrison Parker. Sandwell were restricted to shots from a distance and set pieces. In the second half, Sandwell saw two shots superbly saved by our inspired keeper Martin Wicher before the referee blew the final whistle at 0-0.

The game was to be decided by penalties which is tense enough, but the drama was more prolonged than ever as every Outfield player took and scored their penalties. At 10-10 it was down to the keepers! Martin Wicher stepped up and smashed his shot into the top right hand corner. He then pulled off a brilliant save to seal the Elite Schools National title for Shenfield.

Whilst Martin was Player of the Match, Harrison Parker might get many of the plaudits from people outside of the Shenfield community. Every player knows that the victory was only possible because of every player's huge contribution to the team's game plan. The fact that every player on the pitch at the final whistle scored their penalties in the shoot-out, further highlights how important every player was to this success. This title was Shenfield's 6th National football

title in the school's history, but the first in the ESFA's Elite Schools category where schools can play unlimited numbers of Academy footballers. These titles are usually only won by schools in partnership with professional football clubs.

Team Manager Mr Sapsford remarked, "2020 has been a difficult time for everyone, and for our athletes, the frustration of going so long without competitive sport has no doubt been tough. We are so grateful to the ESFA for getting the finals organised and each of our players will have memories for life from our day up at Lilleshall. We are equally proud of our boys and girls teams for making the finals and know they will do all they can to continue their progress when this season's competitions start in November."

Parents' Association

Thank you to everyone who has entered our 50/50 draw for this year. We have sold 130 numbers so the prize will be £65 each month. September and October draws have already been made but if you would like to be in the draw for November please contact the PTA before the 1st November.

We have a very large stock of pre-loved uniform in very good condition. If you need any uniform for your child or maybe a spare set of PE kit then please contact us with the sizes you require. Most items are just a couple of pounds. Payment is made by bank transfer and the uniform is then collected from Student Services. We are very grateful to all the families that have donated their pre-loved uniform to us and also to Mrs Purbrick in Student Services for her help acting as a collection point!

If you are thinking of going to Adventure Island during half term then don't forget that we sell discounted wristbands. These are much cheaper than the 'on the day' price or even the price you pay online. We also sell discounted tickets for the Sea Life centre and Crazy golf, as well as Afternoon Tea in the restaurant. Again payment is via bank transfer and collection is from a Shenfield address close to the school.

Thank you to those who have bought theatre tickets from us. Most shows have new dates and we thank you for your patience with this. Hopefully all shows will go ahead next year.

Next half term we will have our Christmas Grand Draw. Children in the lower years will bring home raffle tickets to sell. The Form group that sells the most tickets will be rewarded (this is normally by way of a special breakfast in January - we will have to see if this is still possible during Covid times). If not, they will still receive a reward. In the raffle there will be cash prizes plus vouchers and prizes donated by local businesses. Please do try and sell the books that are brought home where possible as this does bring in much needed income to our funds. If you require further books or if your child doesn't bring home any books, please do contact us and we will arrange for them to be sent home.

This term we have helped towards paying for the setup of the new School Cultural system, books,

badges etc and have also funded some full pencil cases for Student Services.

You can contact the PTA for any of the above projects via:

Email: shspa@shenfield.essex.sch.uk

Twitter: @shs_pta

Or Facebook

All the money we raise goes to help the school provide better resources for our children. Please do support us where you can! If you would be willing to join the SHSPTA then we'd love to hear from you. Not much time is needed - just an hour or so here and there - whatever you can spare!