Prepare for Success!

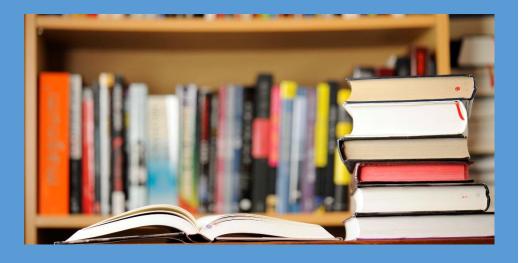
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• Plan your time,

146

- Re-read, Re-draft, Recite, Re-test, Research, Rehearse & Record
- Essential Facts, Figures ♦ Formula, Essay Model Answers
- Practice Questions
- Answers ↓ Mark Scheme
- Review ↓ Reflect on your progress
- Enjoy your future success

PREP Newsletter Year 11 Autumn Term 2



Shenfield High Schoo

What is 'PREP'?

'PREP' is what we do with the information we have learnt during the school day and how we prepare for the next day of learning. Evidence suggests that we only retain 50% of the information we learnt yesterday and after a week, we only retain 10%. The only way we can move the information we have learnt into the long-term memory is through re-visiting the information 4 or 5 times over a number of weeks.

In order to improve learning retention we are encouraging students to 'PREP' each evening after school. The focus of the time should be on the learning from the day and learning from the previous week, month and/or year.

'PREP' is short for PREPARE:

- Plan your time,
- Re-read, Re-draft, Recite, Re-test, Research, Rehearse & Record
- Essential Facts, Figures & Formula, Essay Model Answers
- Practice Questions
- Answers & Mark Scheme
- Review & Reflect on your progress
- Enjoy your future success

Each department has uploaded Go4Schools and the X: Student Drive with resources, practice questions and the answers.

Students should use the resources to PREP each evening and review any areas that they still don't understand. If students require feedback, help or guidance with their prep, they are encouraged to visit their teacher in a PREP Drop-In time.

The PREP Drop-In Timetable is available on our website and in this Newsletter.

Regular 'PREP' will lead to successful exam and assessment results.

How to use this Newsletter

Each subject has an explanation of the key assessment areas and where to find the resources for their subject. There are also extra websites, books, APPs, links and Super Curricular opportunities listed if you would like to look at a subject in greater depth.

The final part of the newsletter is filled with tips and strategies on how to 'PREP' successfully.

- Improving Memory Skills & Understanding PREP
- Fun Ways to PREP

All the tools, strategies and games listed can be applied to almost any subject. It is important to use the strategies to improve understanding and information retention before you have a go at practice questions. It is essential to have the knowledge first, before you apply it to an exam/assessment situation.

Don't try and tackle all the resources at once. Students will be guided by their teachers through explanations and feedback from assessments. There is a curriculum map on our website if you would like to look ahead and start looking at the next topic.

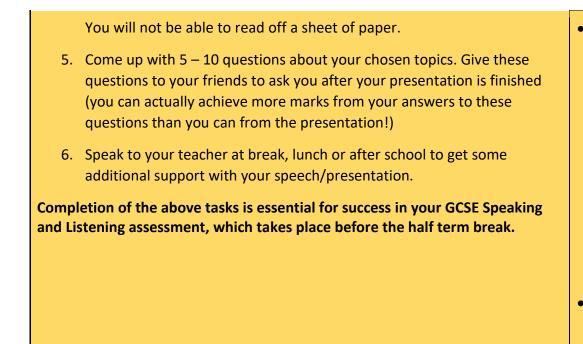
It is important the students find the right PREP strategy for them and use them consistently.

We hope you find this newsletter useful and welcome any feedback on how we can improve it.

It's a way of life...

#PREP4Success
#Burning4Learning

Subject	Торіс	PREP Tasks	Further Research /Reading
English	Speaking & Listening nguage Paper 2 Section B	 You should be revising for your upcoming English Language Paper 2 mock exam on section B. English Language Paper 2 Section B Create a revision guide for another pupil coming into Year 10 next year. Think about the key points they need to remember when answering this paper. Have a go at writing your own article, letter or speech on an issue you care about. Perhaps you can explore whether school should start earlier/later, we need to do more to save the environment, Brexit is good/bad, a review of your favourite film/album. The more practice you have at expressing an opinion, the better you will do in Section 2 of the exam. Re-read your exercise books and go over key questions from the exam. Can you improve any of your practice answers based on feedback you received in class? Why not turn your notes for each question into a revision card (s)? Once the mock is complete, you should switch your focus to preparing for your Speaking an Listening assessment. 	 Now is the time to start looking at the world around you and discover what is going on. To do this, you could read a different story from one of the following news websites every day: <u>The Daily Mail</u> <u>The Guardian newspaper</u> <u>BBC News</u> <u>TED Talks channel - YouTube</u> Further your reading skills by looking at newspapers and magazines. Focus on the opinion articles (normally found on the inside pages). There are always good opinion articles on sport, fashion and education. Try to broaden your knowledge of non-fiction writing. Discuss current affairs with your family. Seen something in the news that interests you? Talk to them about it – what are their views on the subject? Do you agree?
	S Lang	1. Research your chosen topic for your Speaking and Listening presentation.	Media & Other Links
	ٽ	 Create a visual presentation to aid your talk to the class. Remember, you must not read off the presentation, instead, use it to help guide you through your speech/presentation. 	 <u>The Speech that Made Obama President</u> <u>Clip from 'Darkest Hour' - Churchill's famous speech</u>
		3. Give your speech to a friend or family member. What advice would they give you to make your speech/presentation more memorable?	 <u>'The Great Dictator' Charlie Chaplin's final</u> <u>speech</u> <u>I Have a Dream - Martin Luther King</u>
		 Practice the various rhetorical techniques to get your audience to listen to you. If you are not sure, why not write out your speech and learn it. 	 Oprah Winfrey Golden Globe award speech Mr Bruff online revision guides for AQA paper 2



- Watch documentaries on Netflix or any other streaming site. Some good examples are any documentaries by Louis Theroux (his exploration of American Prisons or Scientology are very creepy), The 13th (looking at whether prisons are a new form of slavery) and Bowling for Columbine (looking at school shootings are gun ownership). On Amazon Prime there are number of fascinating sport documentaries that follow famous sports teams such as Liverpool, Manchester City and the LA Raiders.
- Sign up for a brilliant English revision resource – Seneca: https://www.senecalearning.com/

This excellent resource is easy to use and makes revision so much more accessible (and for now it is completely free). Just find the texts you want to study and click the links. There are different levels and you get a score for each round. Once you've finished you can go back to try and improve your score.

Subject	Торіс	PREP Tasks			Further Research /Reading
		notes on the video in your N questions, self-assessing usi	Froom teachers may set furt I PREP for Mathematics is w actice questions. The best p Maths PREP book, then copy ng the online feedback.	ther PREP tasks at their www.hegartymaths.com, ractice is to watch and make and complete the quiz	1. [ER] The Maths Book: Matt Parker From fractions to shapes and patterns to numbers, all the information is presented in authoritative and concise text that complements the bold graphic illustrations. This book reveals how maths is used in everything from world economies and modern technology to computers and AI.
Maths	Mensuration Data Handling Data Analysis	 [R4A] Mensuration To recognise and interpret nets. (clips 833, 835) To find the area of rectangles and triangles. (clips 554, 557) To find the area and circumference of a circle. (clips 539, 534) Volume of cuboids, cylinders and prisms. (clips 569, 572, 570) To understand and use plans and elevations (clip 837, 841) 	 [R4A] Data Handling To draw and interpret a pictogram. (clip 426) To draw and interpret a bar graph. (clip 425) To draw and interpret a pie chart. (clips 427, 428) To draw a frequency polygon. (clip 441) To draw and interpret a histogram. (clips 442, 443) 	 [R4A] Data Analysis To find the mean, mode, median and range of data. (clips 405, 404, 409, 410) To find the mean from a frequency table (clip 417) Using the mean in calculations (408) Using averages in calculations (419, 420) Averages from group frequency tables (clips 418) Drawing a cumulative 	 2. [ER] BBC Documentary The Story Of Maths 1 The Language Of The Universe YouTube Documentary in which Professor Marcus du Sautoy series explores the mystery of maths. This is available on YouTube and Netflix. 3. [ER] Books to read: Maths on the Back of an Envelope by Rob Eastaway https://mathsgear.co.uk/collections/books/p roducts/signed- copy-of-maths-on-the- back-of-an-envelope The Indisputable Existence of Santa Claus by Hannah Fry and Thomas Oléron Evans https://mathsgear.co.uk/collections/books/p roducts/signed-copy-of-the-indisputable- existence-of-santa-claus Media & Other Links

Area of trapezium. (clip 559)Surface area of prisms. (584, 586)Calculating density. (725, 726)	To understand random and stratified sampling. (clips 395, 396)	frequency diagram (clips 437, 438)	[ER] Mensuration The Volume of a Sphere – Numberphile <u>https://www.youtube.com/watch?v=2IZh-KIAQLE</u> [ER] Data Handling Statistics on Match Day – Numberphile <u>https://www.youtube.com/watch?v=GyN-gpVfOWA</u> [ER] Data Analysis The Greatest Ever Infographic – Numberphile <u>https://www.youtube.com/watch?v=3T7jMcstxY0</u>
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Subject	Торіс	PREP Tasks	Further Research /Reading
Science	Inheritance & Evolution of Reaction and Energy Changes cs : Atomic Structure	 PREP Tasks Students will be issued with PREP on a week by week basis via their Go4School account. This will be subject specific and will relate to the content that is being covered in lessons during that week. Students are advised to download the PREP work (normally consisting of a 2 or 3 A4 pages) print it off (reduced to A5 size to save paper) and complete the work set. Students should print off and attempt this PREP work as soon as they can access it and bring any issues they are having with the PREP to the attention of their teacher or to the PREP drop in sessions. In addition to the PREP that is set weekly students are also encouraged to investigate the additional PREP work for each subject shown below: - Biology Try the retrieval roulette questions and daily revision tasks that are located in the student area. 	Further Research /Reading Try and find a YouTube channel that provides tutorials. "Freesciencelessons" is a cracker, can you find better? Super-Curricular Activities Visit the Body Worlds Exhibition in London Image: Curricular Activities Visit the Body Worlds Exhibition in London
Scie	Biology: Inheri Chemistry: Rates of Rea Physics : Ate	 Chemistry Command words are the words and phrases used in exams that tell students how they should answer a question. Study the meaning of the words on the command words sheet on the student drive. Complete the accompanying worksheet to test your understanding. Physics Students can download resources from the students drive including flash cards they can use them to aid in the recall of key terms unit and equations. There are also recall questions and exam style questions they can try with the answers available so work can be checked.	

Image: Proper	Subject	Topic	PREP Tasks	Further Research /Reading
auidance.	Subject	Project	Buildings Project To be completed at home and in class. Students must spend at least 3 hours on each task. Complete: You must complete at least: 4 x research pages (working in the style of a chosen artist/ textile designer with written analysis to support each one.) These will be completed in both class time and at home for the duration of four weeks. This is to satisfy the requirements of AO1. Discuss with your teacher artists/ textile designers who are relevant to your idea. A mixture of contemporary and traditional art would be best. • This training and practice to help you with planning for your exams. Image: Complete in the image: Complete i	There are many excellent buildings both local and in London which can be used in this project. If you are uncertain of how you would like to address this topic check out some of these artists: Giovanni Antonio Canal(etto) Claude Monet Ian Murphy Leonid Afremov Friedensreich Hundertwasser Brentwood and London provide excellent resource for photographing your own images to use in this project. Try a few artists' styles and pick the technique you prefer to create your own unique picture. Find out more at: <u>https://www.tate.org.uk/visit/tate-britain https://www.vam.ac.uk/</u> Media & Other Links Drawing buildings; Artists: <u>https://www.youtube.com/watch?v=oytc8TOC4Dg https://www.youtube.com/watch?v=noaO5SBypY8</u>

Subject	Topic	PREP Tasks	Further Research /Reading
	r Enterprise	 (R4A) Create a revision poster to outline the different methods of promotion and their suitability for different sizes of enterprise. (R4A) Create a revision spider diagram of the different methods of advertising, identifying where each type of advertising is used and why. (R4A) Create revision cards of the different methods of segmenting the market, 	 Class notes Practice exam questions in the Business and Economics folder on the school drive. BBC news or other current affairs programmes Newspapers or online news sites BBC Bitesize
SS	ce for	remembering to give examples of how businesses can use them to target different types of consumers.	Super-Curricular Activities (RT) Imagine you are setting up a burger
Busines	ion and Finance	 4. (R4A) Create a revision spider diagram to show the different factors that influence the choice of promotional methods. 	van business. List all the costs you will have to plan for when you start your business. List the running costs of your
BTEC Bu		 5. (R4A) Create revision cards of the key terms from the financial statements (Statement of Comprehensive Income and Statement of Financial Position) 6. (R4A) Create a revision spider diagram of sources of finance remembering to identify 	business. Decide what would be the most suitable sources of finance for you to use for your business and justify why.
		2	when they would be suitable to use for different purposes and different stages.7. (PQ) Practice exam past exam questions to help identify areas that you need to
	not	focus your revision.	
	3: Promotio	 (R4A) Create a flow chart showing the order of solutions an enterprise with cash flow problems should use. For example the first solution on the list might be the easiest and most obvious. The last solution might be the one that causes additional problems or long-term instability. 	 <u>Tricky Business</u> <u>The Apprentice</u>
	Unit 3	9. (R4A) Create a poster to show the difference between Profit and Cash.	• <u>Dragons' Den</u>

Subject	Topic	PREP Tasks	Further Research /Reading
Business	marketing decisions	 Year 10 theme 1 consolidation exercises: [ER] Read your class notes and additional theory presentations on theme 1 topics. [ER] Use revision cards or the mind maps on the student drive to consolidate your learning of application, analysis and evaluation skills. [ER] Review your current understanding of theme 1 through the following resources [ER] Practise theme 1 MCQ via kahoot or the documents on the student drive [ER] Practise theme 1 revision the flashcards Year 11 theme 2 current theory focus: [R4A] Classroom assessments will occur throughout the term to check understanding of theory and assessment technique. The dates of these assessments will be placed onto go4schools. Students should be using their classroom notes and assessment books as their main source of information. Revision activities can also be found through the relevant 	 Class notes. Theme 1 revision guide. BBC news business. Newspapers
usi	nark	links on <u>https://mrshearingbusinessstudies.weebly.com/</u> . Results, including an average score will then be entered onto go4schools to illustrate relative performance.	Super-Curricular Activities
GCSE I	.2 Making	<u>Topic 2.2 – Making marketing decisions</u> Task One	Visit the <u>museum of brands</u> in London.
		[RT] As a consolidation of 2.1, watch the TV programme <i>Aldi vs. Lidl: Supermarket Wars</i> – <i>Channel 5</i> . Summarise how these businesses compete and have grown in the grocery market.	Media & Other Links • BBC Business Live • Business Daily
	8	Task Two	<u>The News Explained</u> Danorama
	Topic	[HI] Select a product of your choice and explain the product life cycle and suggest the possible extension strategy with supporting documentation (e.g. poster, presentation, written summary)	 <u>Panorama</u> <u>Dispatches</u> <u>The Martin Lewis Money Show:</u> <u>Live</u>
		 <u>Task Three</u> [RT] Research three adverts that show ethical business activities. For each advert, write a short summary explaining how the advert is used to promote ethical business behaviour and activities. 	Films: • The greatest movie ever sold • Jobs • Syrup

<u>Task Four</u>

[HI] Watch an episode of *The Apprentice*, e.g. 'Branding a cereal' ('The Advertising Challenge', Season 5, and Episode 5). Produce a marketing campaign that is better than the one you have just watched. This should include:

- a market map showing where their cereal brand fits into the market compared to its competitors
- an appropriate price for the box of cereal (consider rival prices and products)
- a logo/cartoon character for their cereal brand, together with a jingle/slogan
- an A3 poster for their cereal brand
- a 30-second commercial for their cereal brand (optional)
- a covering for all four sides of the cereal box
- Details of the method of distribution they are going to use, e.g. retailers, online etc.



• Lemonade

Youtube:

 John Lewis 'Making the Nation cry... and buy' - IPA Effectiveness Awards case study
Red Bull: The Real Story Behind the Can



Subject Topic	PREP Tasks	Further Research /Reading
Computer Science 1.1 Systems Architecture, Memory and Storage	 Unit 1 PREP Work Unit 1.1 Systems Architecture, Memory and Storage [ER] Students should focus on the following areas The purpose of the CPU Von Neumann architecture: MAR, MDR, PC, ACC Common CPU components and their functions. The function of the CPU fetching, decoding and executing instructions. How common characteristic of CPU affect their performance Defensive design considerations The purpose of testing: types of testing How to identify syntax and logic errors. Selecting and using suitable test data [ER] Students should be: Watching the flipped classroom videos and taking notes prior to each lesson (templates provided) Supplementing these notes with information from the textbook (extracts provided) Creating flash cards for key terms and concepts (templates provided) Completing PREP worksheets / practice questions Unit 2.4 Computational Logic Log on to Seneca Learning and complete unit 5 on logic, translation and representation. www.senecalearning.com Using examples from your text books of truth tables, log onto Logic Gate simulator and create logic gates to represent information from truth tables. https://logic.ly/demo/samples Watch unit 2.4 Computational Logic PREP videos created by Craig and Dave. Students should make thorough notes on Google Docs. https://www.youtube.com/watch?v=BTUYErbPDIRList=PLCiOXwirraUDIUDRIk 21mH1Y_wCPYaMii&disable_polymer=true 	 Cambridge GCSE Computing Online (Massive Online Open Course) www.cambridgegcsecomputing.org Crash Course: Computer Science (YouTube) www.youtube.com (search for: crash course computer science) Python Tutorials www.learnpython.org Learn Python Course www.codecademy.com/learn/learn-python Clever Programmer: Learn Python Programming (YouTube) www.youtube.com (search for: clever programmer python) Super-Curricular Visits The National Museum of Computing at Bletchley Park is a great place to find out about the history of Computer Science and Cryptography. www.tnmoc.org bletchleypark.org.uk Centre For Computing History Students will learn about the extraordinary advance in technology over 50 years of computing history and discover how computers have not only accelerated our lives, but radically transformed them. Media & Other Links Seneca: www.senecalearning.com Google Classroom: classroom.google.com

Image: Second	her Research /Reading
mock Live Theatre Evaluation. It is recommended for ages 15+, and contains strong language/ adult themes- so please do not watch withpossibilityhttps://doi.org/10.1016/10016/10.1016/10.1016/10.1016/10.1016/10.1016/10.1016/10.1016/10.1016/10.1016/10.1016/10.1016/10.1016/1000/1000/1000/1000/1000/1000/1000/1000/1000/1000/1000/1000/1000/1000/100	Fexts GCSE Drama: Live Theatre Evaluation Revision Guide: Link OCR GCSE (9-1) Drama Revision Guide – Annie Fox https://www.amazon.co.uk/OCR-GCSE-9-1-Drama- Annie/dp/191120873X CGP Grade 9-1 GCSE Drama Revision Guide: LINK er-Curricular Visits oning and How To Do It" https://www.nickhernbooks.co.uk/asset/3265?cmsAs set=1 sion links for the written exam/ mock exams Sound design https://www.bbc.co.uk/bitesize/guides/zk7yt39/revis ion/1 Set Design https://www.bbc.co.uk/bitesize/guides/zk7yt39/revisi on/1 Costume Design https://www.bbc.co.uk/bitesize/guides/zbktqp3/revisi ion/1 Lighting Design https://www.bbc.co.uk/bitesize/guides/zbktqp3/revisi ion/1 Lighting Design https://www.bbc.co.uk/bitesize/guides/zbktqp3/revisi ion/1 Lighting Design https://www.bbc.co.uk/bitesize/guides/z4jsxyc/revi ision/1 ch as many theatre productions on Digital Theatre + as
younger family members around. Usern <u>https://edu.digitaltheatreplus.com/</u> Username: student.Shenfield	word: plenty@5268

Password: plenty@5268 Search – Things I Know to be True

[RT] [R4A] Re-read "Find Me" as revision for your Mock exams this half term.

[R4A]

For "Find Me" revision, go back and watch the online lessons to help you revise for the mock exams this half term https://shenfield.planetestream.com/View.aspx?id=2743~4q~qMPeeqUM https://shenfield.planetestream.com/View.aspx?id=2769~4y~AlgvJVFk https://shenfield.planetestream.com/View.aspx?id=2744~4r~SAdDPBeX https://shenfield.planetestream.com/View.aspx?id=845~3E~OC97mi https://shenfield.planetestream.com/View.aspx?id=858~3I~Toimbt





Subject	Topic	PREP Tasks	Further Research /Reading
	Sectors	Students need to have a good understanding of the different roles within an engineering company and what these roles entail. The military employs more engineering than any other non- engineering company. They are also regarded as some of the	The BTEC engineering book, available at all good book stores.
		best.	Super-Curricular Visits
	L B L	See what it takes to be an engineer in the Royal Navy	Check out Engineering in action for details on
Ø	engineering	https://apply.army.mod.uk/roles/royal-electrical-and- mechanical-engineers	events near you https://thetrainingpartnership.org.uk/study- day/engineering-in-action-24-06-2019/
Engineering		https://www.gradcracker.com/hub/138/royal- navy/videos/3904/royal-navy-the-varied-engineering-roles-in-	Engineering in ACTION
n e	Li-	the-senior-service	Media & Other Links
Engi	mponent 1: Exploring	<image/>	Google Sketch is a skill, don't let it go rusty. Pick a product and challenge yourself to make the closest replica you can.
	Comp	Check out the "DMAX" and "Quest TV" channel for programs like "Abandoned Engineering" and "SUV Super build" for an amazing insight into the automation required to produce some of today's cars.	QUEST TV have a YouTube channel https://www.youtube.com/user/ukquesttv

Subject	Topic	PREP Tasks	Further Research /Reading
Film Studies	Complete revision for mock exams	 [ER] Using the resources found on student resources, the revision packs you will be given and Edulink, the focus for this half term and the rest of the school year is understanding all of the set examined films - the emphasis for prep at home should thus be focused on students taking notes on these films: Attack the Block Whiplash Tsotsi District 9 ET and Invasion of the BodySnatchers [R4A] Revision materials for a planned classroom assessment. The PowerPoints to do all of this prep can be found on the school's student resources drive under the relevant headings and all students will be given a paper copy of a revision guide for all the above mentioned films In terms of assessments, your film studies teacher will set you essays on the films, as well as an assessment in the classroom. Details of these assessments will be found on EduLink It must also be noticed that the department now host revision sessions on a Wednesday lunch and after school in 172 	For videos on Tsotsi – please watch the following playlist: https://www.youtube.com/playlist?list=PLeNerb9lxe3mY4P2PpVtWK6gfDRGBPV <u>Ca</u> For videos on District 9 – please watch the following playlist https://www.youtube.com/playlist?list=PLeNerb9lxe3mJJOr1B9zehHrl8vjwupSV For videos on Attack The Block – please watch the following playlist https://www.youtube.com/playlist?list=PLeNerb9lxe3mtdztGkmWIm6t5566C01t <u>k</u> For videos on Whiplash – please watch the following playlist https://www.youtube.com/playlist?list=PL7iEuNNeDg9R8pPzin0ASlpqUmS6Za1ig For videos on ET – please watch the following playlist https://www.youtube.com/playlist?list=PL7iEuNNeDg9R8pPzin0ASlpqUmS6Za1ig For videos on ET – please watch the following playlist https://www.youtube.com/playlist?list=PL7iEuNNeDg9R8pPzin0ASlpqUmS6Za1ig For videos on FT – please watch the following playlist https://www.youtube.com/playlist?list=PL7iEuNNeDg9R8pPzin0ASlpqUmS6Za1ig For videos on FT – please watch the following video http://www.youtube.com/video/CoKmFezCin/Invasion+of+the+body+Snatch ers+(1956)/ Super-Curricular Visits Harry Potter Tour https://www.wbstudiotour.co.uk/ London Film Museum – James Bond exhibition http://londonfilmmuseum.com/ Media & Other Links Please revise the following film terms Mise en Scene https://www.youtube.com/watch?v=2kW9_SyilBM Editing https://www.youtube.com/watch?v=2kW9_SyilBM Editing https://www.youtube.com/watch?v=2lkKgoq584M History of Film Studies https://www.youtube.com/watch?v=Ahlb1_URhco

Subject Topic **PREP Tasks**

[RT] As part of the NEA you will need to review your research and consider dishes that you might make for your chosen task.



Collect takeaway menus, magazine and restaurant flyers to create a collage - could these give you inspiration for your menu choices?

[RT] After research we will complete up to 3 'technical trials' to demonstrate your practical skills you will take forward into your final 2course dishes (plus accompaniments). Collate recipes which cover as many skills as possible. The skills set by AQA are:

General practice skills, knife Skills, preparing fruit and vegetables, use of a cooker, use of equipment, cooking methods, prepare, shape and combine, Sauce making, tenderise and marinate, dough, raising agents, and setting mixtures

[RT] As part of the NEA you will need to be confident in using our costing your recipes and analysing your results.

Upload your favourite recipes and meals to the Nutrition Program website (https://www.nutritionprogram.co.uk) using your login (your school number) and password (1ShenField2) to review the costing. Can you analyse your favourite recipes? Can you explain how to be more economical?

Further Research / Reading

A variety of GCSE Food, Preparation & Nutrition textbooks are available at all good book stores



Super-Curricular Activities

Keep practicing high skill dishes and keep a record of your results. Remember it takes at least 3 attempts to master a recipe!

High Level Skills recipe Ideas

Complex (no standard or ready-made components are used) *Apple frangipane tart *Bakewell tart *Brandy snap baskets and filling *Brioche rolls *Chelsea buns *Chocolate roulade *Decorated cake e.g. ganache/filling *Decorated gelatine cheesecake *Éclairs *Fruit tarts with crème patisserie *Jalousie *Lemon meringue pie *Lemon tart *Pavlova with a fruit coulis *Profiteroles with filling and topping *Millionaire caramel shortbread *Swiss roll with lemon curd/jam	(no standard or ready-made components are used) <u>SAVOURY IDEAS</u> *Caesar salad (portioning chicken) *Cheese soufflé *Chicken and mushroom pie *Cottage/Shepherd's pie (piper *Fish cakes *Fish pie (filleted fish) *Gnocchi tomato sauce *Lasagne (fresh pasta) *Moussaka *Ravioli *Savoury choux bun *Savoury plait (rough puff past *Savoury pulate *Savoury soulade
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Media & Other Links

For an interactive revision guide which covers all the AQA specification, come join our class on Seneca (senecalearning.com - class code Ownfelioj4)

Trials

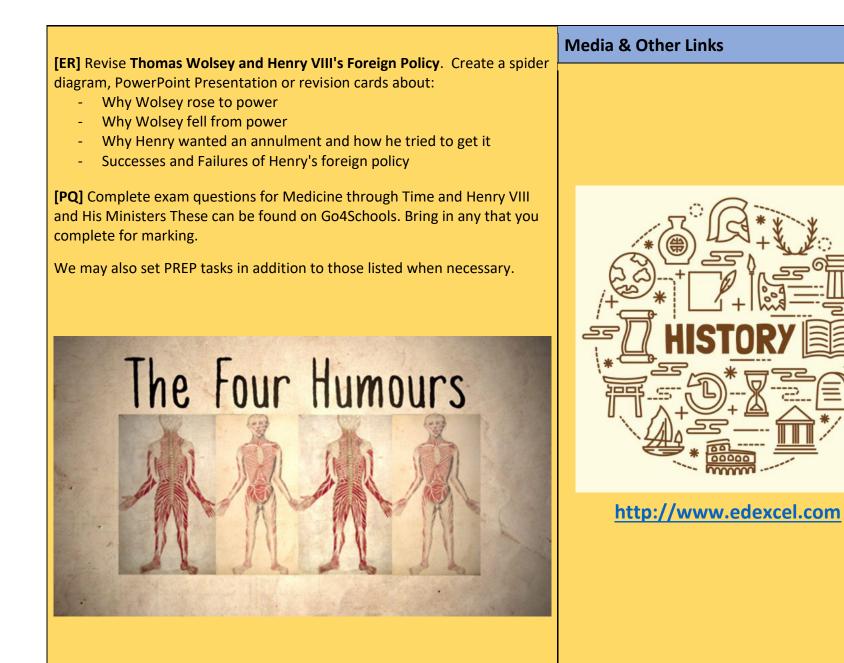
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NEA.

Subject	Topic	PREP Tasks	Further Research /Reading
Geography	Mocks revision	 Use PLCs handed out in lesson to check knowledge for Paper 1 and Paper 2 <u>Complete attached exam questions in Easter Revision Folder</u> <u>Paper 1 Case studies you must know</u> Tectonic Hazards: Japan (Developed), Haiti (Developing/emerging) Climatic Hazards: Katrina (Developed) Aila (Developing/emerging) Development of an emerging country: India <i>Paper 2 Case studies you must know</i> Coastal Landscape: Christchurch Bay, Holderness Coast/Swanage River Flooding, Debden Brook, Essex/ River Severn How a dynamic UK city is changing: London River Fieldwork: Debden Brook Use attached link to go through to get extra resources <u>How to revise:</u> Ensure your practice papers are fully completed. Mark using mark schemes given. Complete Personalised learning check lists for each module (in folder) to check you are confident with all areas of each topic 	Edexcel website for extra exams and tips <u>https://qualifications.pearson.com/en/qualificat</u> ions/edexcel-gcses/geography-b-2016.html Super-Curricular Visits What can you do with Geography jobs? <u>https://www.prospects.ac.uk/careers-advice/what-can-i-do-with-my-degree/geography</u>
	Mock	 Use the Kerboodle online book to add to your notes <u>https://www.kerboodle.com/users/login?user return to=%2Fapp</u> Look over your mock exams – look at where you lost/gained marks and why Revise your case studies thoroughly Use your glossaries to check you are confident with key terms. Get someone else to test you/make key word cards 	Media & Other Links Use BBC bitesize to revise https://www.bbc.com/bitesize/examspecs/zsytx Sg Revision Folder for PREP Targeted revision for the topics that will be on your mocks

Subject Topic	PREP Tasks	Further Research /Reading		
re Services	 [IA] Following completion of your role play demonstrations, you must produce a report describing what went well and what did not go so well in your demonstrations. You will get some feedback from your teacher and you must comment on this in your report You must now add a further section to your report which recommends improvements in the way you applied the care values, justifying (giving reasons for) your suggestions. Your recommendations must take into account, and refer to, the feedback received from your teacher. 	BTEC Tech Award Health and Social Care – Student book p.98-123 The text book of Health and Social Care: D.Edwards & S.Best (2020) Media & Other Links		
Health & Social Care Component 2- Health and Social Ca	 A reminder of the Care Values: Empowering and promoting independence Respect for the individual Maintaining confidentiality Preserving the dignity of individuals Effective communication that displays empathy and warmth Safeguarding and a duty of care Promoting anti-discriminatory practice To achieve the Pass criteria, you must demonstrate all seven of the care values. You must produce a review/report that describes both positive and negative aspects of your own performance, as well as commenting on the feedback received in terms of which parts you agree with or disagree with, and why. To achieve Merit criteria, you need complete all the pass criteria and make some suggestions on how you could improve your role plays. To achieve the distinction criteria, you need to have completed all the pass and merit criteria and make justified and appropriate suggestions for how you could improve both of your role plays. You will find the assignment brief and classwork resources that relate to this task on the Student Drive (X drive) Social Sciences/Health and Social Care/BTEC Tech Award HSC/Component 2/Component2 LA.B	Videos that relate to the Care Values: https://www.youtube.com/watch?v=zRP M_pqaPp4 https://www.youtube.com/watch?v=E6qU 8fCDIIA https://www.youtube.com/watch?v=HVF0 273iHus https://sstoolbox.weebly.com/health-and- social-care-values.html https://www.learningdisabilitytoday.co.uk		

Subject	Торіс	PREP Tasks	Further Research /Reading
	n Time	 [ER] Create a timeline of medical developments in the 20th and 21st centuries. Highlight any turning points. [ER] Make a list of the key individuals from medicine in the 20th and 21st centuries. Note down their impact. Who had the biggest impact and why? [RT] Watch the following clip and make notes on the positive and negative impacts of war on medicine: https://www.youtube.com/watch?v=HJT6VgaadvE [RT] Watch any of the BBC clips about WW1. What was it like to fight in the war? https://www.youtube.com/results?search_query=dan+snow+ww1 	Research: Do you have a relative that fought in WW1 or can you find out about a local solider? What can you find out about them? What documents can you use to research them? Why are each of these documents useful? Reading: • BBC History Magazine • History Today Magazine Super-Curricular Visits
History	 Medicine Through Time Modern Britain Trench Warfare 	 [RT] Research one of the following battles and explain their significance: The Battle of Ypres The Battle of the Somme The Battle of Arras The Battle of Cambrai [RT] What was the trench system? Draw a diagram of (or make a model of) a WW1 trench. Label the different parts of the trench system. What was each part for? [ER] Revise Medieval Medicine. Create a spider diagram, PowerPoint Presentation or revision cards about: What people believed caused disease How people tried to prevent disease How people tried to treat disease Case Study: The Black Death 	 To revise Medicine Through Time, when it is safe to do so, you could visit: The Old Operating Theatre (by London Bridge) The Museum of London's 'War, Plague and Fire' exhibition To revise Henry VIII, when it is safe to do so, you could visit: Hampton Court Palace The Tower of London For Weimar and Nazi Germany, when it is safe to do so, you could visit: The Imperial War Museum, London



Subject	Торіс	PREP Tasks	Further Research /Reading
MFL - Spanish	 Preparation for Year 11 Mock Exams: Revision of topics. Exam technique and study skills for Listening, Speaking, Reading and Writing. 	 REMEMBER! You will ONLY be assessed on Modules 1, 2, 3, 4, 6 and 7. NOT Modules 5 and 8. Learn the vocabulary associated with each of the above Modules – this can be found on Quizlet using the following link; www.quizlet.com/ashaunak, in your exercise books and on Microsoft Teams under 'Class Materials'. This will allow you to practise your vocabulary learning by means of various interactive games and self-testing exercises. Revisit and review your Grammar and Translation Workbooks (which should now be FULLY completed) and ensure you are using it to secure your knowledge of grammatical concepts and structures. Use your class notes/lockdown work and revision packs for Modules 1, 2, 3, 4, 6 and 7 to revise from and ensure you are clear on how to structure extended answers for writing and speaking, and how to understand and formulate questions yourself. REVISIT AND REFINE your conversation question answers on the Google Drive and in your lockdown/class notes for Modules 1, 2, 3, 4, 6 and 7 to make them even better. This will help you with both the speaking and writing mocks. Use your Target 9 Writing and Reading Workbooks to practise your skills in preparation for these Mock Exams. Revise for Mock Exams across all Modules studied since the start of Year 10 up to now using your class notes and the revision checklist for this unit. This will have been given to you by your Spanish teacher, and can also be found in Microsoft Teams. You should access Languages Online to practice grammar exercises in Spanish on a weekly basis using the following link; www.languagesonline.org Find an article on the internet about anything that you are particularly interested in (e.g. sport, music, film, television, social issues, current affairs, the environment, etc.) and make a list of new words and their meanings in English from what you find in the article. You can use Collins online Spanish dictionary to help you with the definitions. Try watch	 Visit the local library or check their online catalogue. There are plenty of free resources: comic books, novels, books to complement students' learning Some favourite story books are available in Spanish too! <u>Spanish newspapers online;</u> www.elpais.com www.elpais.com www.20minutos.es www.bbc.com/mundo Super-Curricular Activities Visit a local Spanish restaurant in your area – what do you recognise on the menu? Ask if you can take a copy of the home! Media & Other Links www.languagesonline.org www.collinsdictionary.com/spanish Duolingo (app) - aim for 10-15 minutes/daily. It's a mix of writing, translating, practicing different vocab and listening – all in one! It gets really competitive and fun. Memrise (app) - aim for 10-15 minutes/daily. Look for sets that are based on Mira (textbook used for Spanish at KS3) www.language-gym.com/#!/ to practise verbs in all tenses BBC Bitesize for Spanish

Subject	Торіс	PREP Tasks	Further Research /Reading
		Revision for Mock Exam The Concerto Through Time – FULL REVISION PACK https://shenfieldessexschuk0- my.sharepoint.com/:f:/g/personal/j sands shenfield essex sch uk/Ep6juf- BCs9CmHzuVLTmmC0Bxw3Skz8scVhUW7ZRP2OuMQ?e=OH0gNH Film & Come Music	The Function of Music in Film <u>https://www.robin-</u> <u>hoffmann.com/tutorials/what-is-the-</u> <u>function-of-film-music/</u>
Music	Mock Revision/ Performance	Film & Game Music https://www.bbc.co.uk/bitesize/topics/zr73mfr Pop Conventions – FULL REVISION PACK https://shenfieldessexschuko- my.sharepoint.com/:f:/g/personal/i_sands_shenfield_essex_sch_uk/EgzeBdnggZBFII3rtmr akicBHWZuZ22OOC6ZV2-alisDaA?e=AhCp9t Rhythms of the Wolds (Indian, Bhangra, African & Salsa only) https://www.bbc.co.uk/bitesize/topics/zbjy7nb Keyword PREP – FULL RESOURCE PACK https://shenfieldessexschuko- my.sharepoint.com/:f:/g/personal/i_sands_shenfield_essex_sch_uk/Eu504DTI8ZxJvz2Mig OmB9UB0dyWAs83Ok-UwXqwom4ihg?e=ql_giNd Solo Performance You will be recording your next Solo the week AFTER half term. Please practise and bring a copy of your sheet music with you.	Media & Other Links History of Music in Film Video - https://study.com/academy/lesson/musi c-in-films-importance- purpose.html#lesson Quiz - https://study.com/academy/practice/qui z-worksheet-effect-of-music-in- movies.html Worksheet – https://study.com/academy/practice/quiz -worksheet-effect-of-music-in- movies.html Vorksheet – https://study.com/academy/practice/quiz -worksheet-effect-of-music-in-movies.ipg The History of Rhythm (Radio Doc) https://www.bbc.co.uk/programmes/p04f 9s80

Subject	Topic	PREP Tasks	Further Research /Reading
Technology	Industry	Using the resources found in Student Resources (Student Resources - Expressive Arts – Music -Key Stage 4 - BTEC Resources\BTEC - Unit 1) you are to make a start in working through the materials provided which will aid you in your learning for the Unit 1 Exam. This PREP will give you a head start before looking at the material in class. If you wish to attempt a past paper (found in the above folder) and would like Mr Carter to mark it then please print one off and drop it in to the Music Office. The past papers will give you an idea of how the exam is set out and the range of subject covered. This will also be beneficial in preparing your for your mocks and real exam in January!	Using the 'Working in the Music Industry' book and the descriptions from class, start learning the roles of the different jobs in the Music Industry. Remember that this links to Section A of your written exam in January 2022!
•	Music	There is also a copy of the workbook that has been given out in class for you to continue working through at home. You may wish to collect your workbook from school and use that.	Media & Other Links
C Music	1 – The		Purchase the suggested reading book from Amazon: Working in the Music Industry – Anna Britten <u>Working in the Music Industry – Anna Britten - Amazon UK</u>
BTE	Unit		Watch the following link regarding different Job Roles in the Music Industry: <u>https://www.youtube.com/watch?v=CTCxnFgQPsM</u>
			Watch the following link regarding different Record Companies/Labels in the Music Industry: https://www.youtube.com/watch?v=qWeqZr-kvWA

Hevision f Revision f [ER] MINU -students & Body Sy e.g. Skelet Aerobic Ex Physical Th -it is a goo condense [ER] FLOW -students a. vascular b. the path c. the proo d. the med e. long ter f. aerobic	DMAPS to create a mind map on a specific topic area from paper 1 Fitness	Further Research Past Papers & Mark Schemes Revision for Mocks BBC Bitesize Reading & Tests Super-Curricular Visits • To help prepare for the practical element of PE spend some time engaging with some physical activity legals make for a
	our notes. Select a particular topic area you find difficult.	 activity. Increased activity levels make for a healthier lifestyle. Go and watch live sporting events to understand the rules and tactics used during the game. Attend at least one extra-curricular club at school. Begin to collect video evidence for your practical sports. Media & Other Links https://www.bbc.co.uk/bitesize/examspecs/zxbg39q Purchase via Amazon GCSE PE Pocket Posters App (free version) (full version small cost £3.49 then a book & app are provided)
Line Line Line Line Line Line Line Line	[PQ] Complete at least one 9 or 6 marker questions. See teacher or use	Apple Store App BBC Bitesize App (free) GCSE PE Pocket Posters (trial version or purchase

Subject Topic	PREP Tasks	Further Research /Reading
BTEC Performing Arts Component 3 – Performing to a Brief	Component 3 Performing to a Brief [HI] Deadline on Go4Schools Complete a mock ideas, skills and evaluation log for the last stimulus you were given. Ask your teacher for a template. [RT] Deadline on Go4Schools For your written assessment in Component 3, you need to refer to Professional Theatre productions/companies who have influenced your own work/ideas. Watch the following productions: (These productions are aimed at teenagers aged 15+ years, and contain strong language and more mature themes- so please do not watch with younger family members around) 1. Practitioner – The Paper Birds 2. Style – Verbatim and Physical Theatre https://vimeo.com/thepaperbirds/pbmobile Password: Cindy 3. Company – Masterclass 4. Style – Verbatim and Physical Theatre https://www.youtube.com/watch?y=Q1PvCCzDz3k	Key Texts ✓ Devising Theatre: A Practical and Theoretical Handbook https://www.amazon.co.uk/Devising-Theatre-Practical- Theoretical-Handbook/dp/0415049008 ✓ The Frantic Assembly Book of Devising Theatre https://www.amazon.co.uk/Frantic-Assembly-Book-Devising- Theatre/dp/1138777013/ref=pd_lpo_sbs_14_t_0/261- 7063481- 5785051? encoding=UTF8&psc=1&refRID=4QKNGGAA0H559J KHYTOE Media & Other Links Watch as many Theatre Productions as possible on Digital Theatre Plus https://edu.digitaltheatreplus.com/ Recommended productions for you to watch: • Into the Woods • The Woodsman Username: student.Shenfield Password: plenty@5268 Watch as many Theatre productions on Drama Online Library as possible https://www.dramaonlinelibrary.com/ (click "Plays") Recommended productions for you to watch: • Treasure Island • One Man, Two Guvnors • Peter Pan Username: 97QG8Dg)y+ Password: 2He(6Ed%rV)

Subject	Topic	PREP Tasks	Further Research /Reading		
Sociology			Read the family section (pages 32-79) of WJEC Eduqas GCSE Sociology by Steve Tivey and Marion Davies		
		Your prep tasks for this half term are based on revisiting content covered in year 10.	Read the education section (pages 80-119) of WJEC Eduqas GCSE Sociology by Steve Tivey and Marion Davies		
		[ER] Ensure that you have revision resources on all topics in the Family and	Super-Curricular Visits		
	id Education	Education sections of the specification (use Go4Schools to access checklists and to download resources used in lessons if necessary) [ER] Complete the specimen exam papers (family and education section only) which can be found by following the links below: https://www.wjec.co.uk/qualifications/sociology/r-sociology-gcse-from- 2017/eduqas-gcse-sociology-sams-2017-e.pdf	Schools to access checklists and ary) y and education section only) y' <u>r-sociology-gcse-from-</u> Pay a virtual visit to the National Women's History Museum and explore the changes in the position of women over time <u>https://www.womenshistory.org/exhibits/c</u> <u>reating-female-political-culture</u>		
	an	https://www.wjec.co.uk/qualifications/sociology/r-sociology-gcse-from-2017/ (scroll down to bottom of page, look on the left hand side and open the	Media & Other Links		
	Family and	(this will help you to understand what is required to reach the top band in each of the different question types). Mark schemes can be found in the same document as the question papers.	The following link provides a different way of revising and exploring the content that is covered in the family and education unit <u>https://www.youtube.com/watch?v=JoFNI Fzqu3Y</u>		

Improving Memory Skills & Understanding PREP 1. Self-Testing

Self-testing is an effective tool if you have a large amount of information to learn for an assessment or exam.

Let's say you had to remember the definition of 20 key words.

Start by writing out five key words and their definitions. Study them for 2 or 3 minutes, then put the sheet away.

On another piece of paper, try to write down the key words and definitions from memory.

If you were not able to recall all 5, then repeat the process again. Study the definitions and re-test.

Once you are able to recall 5 key words and definitions, add another 5 to the original sheet.

Give yourself 4 or 5 minutes to study the 10 key words and definitions. Put the sheet away and re-test but this time with 10.

Build this up until you can recall all 20 key words and definitions.

More importantly, re-test yourself a week later. Review your progress and go back to any definitions or words you were unable to write down. Then, re-test yourself a month later with the same words.

The more you re-test, the more you will retain and the easier it becomes.

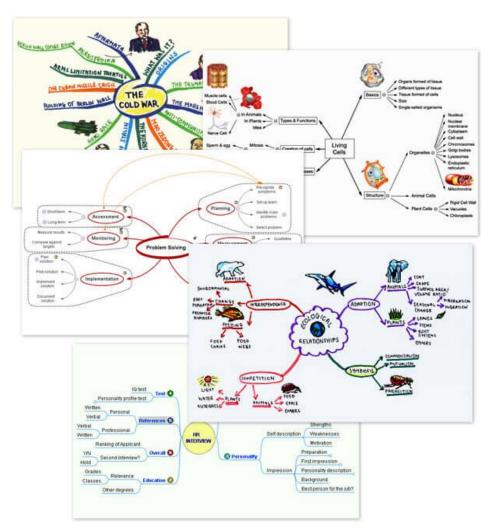
These techniques could be applied to:

- Key Information for an Essay
- Character names and profiles
- Formula
- Translations
- Case Studies
- Experiment processes
- Arguments or Quotations
- And many more!

2. Mind Mapping

Mind Mapping is a highly effective way of getting information in and out of your brain. Mind Mapping is a creative and logical means of note-taking and notemaking that literally "maps out" your ideas.

All Mind Maps have some things in common. They have a natural organisational structure that radiates from the centre and use lines, symbols, words, colour and images according to simple, brain-friendly concepts. Mind Mapping converts a long list of monotonous information into a colourful, memorable and highly organised diagram that works in line with your brain's natural way of doing things.



• Think of your general main theme and write that down in the centre of the page. i.e. Food

- Figure out sub-themes of your main concept and draw branches to them from the centre, beginning to look like a spider web i.e. Meats, Dairy, Breads
- Make sure to use very short phrases or even single words
- Add images to invoke thought or get the message across better
- Try to think of at least two main points for each sub-theme you created and create branches out to those

3. Revision Cards

Revision cards are small handheld cards that contain key information. The cards should have a title at the top with 5 or 6 key words, formula or sentences. Try and keep the colour consistent for each topic e.g. green cards for the Environment.

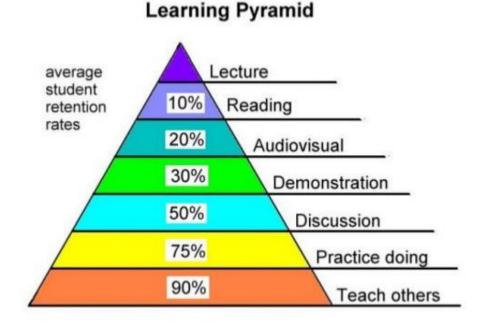
TIP: On the back of the revision card, write the title from the front. Then, after you have read through your cards a number of times, turn them over. Look at the title and self-test yourself on the information. Once you have recalled all you can, turn the card back over and check your answers.

4. Complete the Sentence

If you have a large number of facts to learn for an essay, write out ten key sentences you wish to memorise for the essay. Then, on a separate piece of paper, write out the first half of the sentence and leave the other half blank. Take a break, make a cup of tea, then come back and try to complete the sentences from memory.

If you managed to complete all ten, try and add more sentences and repeat the exercise.

TIP: Once you can complete the sentences with ease, test yourself further by trying to write out all the key sentences from memory without the sentence starters!



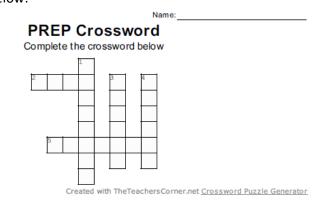
Fun Ways to PREP

1. Key Words Crossword Puzzle

Choose a subject and write down all the key words you need to learn. Find an online Crossword creator, there are a huge number of web sites that can do this for you.

For the clues, write the definition of the key word.

Once the crossword has been created, leave it for a few days/weeks. Then, try and complete it. Don't forget to print out the answer sheet so you can self-check the answers! Here is an example below:



ACROSS
2. What does the 'H' in SHS stand for?
5. What is 'PREP' short for?

DOWN
1. In what year group do you take A Level exams?
3. What is the surname of our Headteacher?
1 In what Vear group do you take GCSE evam?

2. Key Word Pictionary

For this game you will need at least one other person. With a friend or group of friends, decide which subject and set of Key Words you wish to learn or revise. Write them down on individual cards. Try to have a large number so they are not too obvious.

Take it in turns to draw (without using words, symbols or speaking) something that represents the key word you wish to learn.

Want to Make the Game Harder?

The other player who is trying to guess the key word can't say the key word, but must give the correct definition of it!

Here is an example below:



The Easy Answer: An Atom

*The Definition Answer: The smallest particle of a chemical element that can exist.

3. Write a Short Story

If you have a large number of facts, figures or key words to remember, write a short story that you can recite to yourself in the exam. The more interesting and funny your story is, the more likely you are to remember the facts.

Here is an example:

1. To begin our adventure into storytelling, start by reading the paragraph below, which recounts a brief and chaotic story. Your task is simply to understand what happens:

"A man called Nigel is sat next to his enormous, 300lb pet squid as they travel around in the back of his lime-green limo. They're arguing over what to watch on the limo's TV: Coronation Street, or Sesame Street. It soon turns into a fight, which the squid wins by using its eight limbs to empty eight pepper-grinders on to Nigel's head. Nigel leaps from the car in terror and runs away towards the sea, cleverly heading through a thick yellow field of rapeseed to stop the squid from following. On reaching the beach, he meets Prince Harry, who is celebrating his 25th birthday. Prince Harry persuades Nigel to help him confront two Gallic dancers who have eaten a beautiful "she-swan" (without the Queen's permission). After the attack, Nigel jumps into the sea and swims out towards, as luck would have it, the Lady of Shalott, who is bobbing up and down in a boat made from a giant orange pepper. She invites him on board and they fall in love."

It will have taken you perhaps a minute to read through this. This should demonstrate just how quickly and effortlessly your mind can imagine elaborate scenes it has never encountered before.

Your next step is to see how much of the story you recall. First, close your eyes and repeat the story as well as you can in your head. When you're done, open your eyes and write down all the items you have successfully recalled. This will give you a sense of how many useful memories you can store in around a minute or so. Hopefully you'll have impressed yourself again.

Now, you'll perhaps be wondering what the point of remembering a random list of objects like this might be. But here we can reveal that the story you've learned is not at all random, but in fact encodes the ingredients for a Nigel Slater recipe. Hooray! The 300lb squid represents 300g of squid; the lime-green limo is a lime; Coronation Street stands for coriander; Sesame Street for sesame oil; eight pepper grinders for eight crushed peppercorns; the rapeseed field for rapeseed oil; Prince Harry celebrating his birthday for 25g ginger; two Gallic dancers for two cloves of garlic; the "she-swan" for Szechuan pepper; the sea for salt; the Lady of Shalott for shallots; the orange pepper boat for one large orange pepper.

Have a look over these connections. Your last task is to try to remember the ingredients that correspond to each element in the story. Once you've done that, you're ready to make your squid and pepper stir-fry ...

1. https://www.theguardian.com/lifeandstyle/2012/jan/15/story-lines-facts

4. Key Term Word Search

Choose a subject and write down all the key words you need to learn. Find an online Word Search creator, there are a huge number of web sites that can do this for you.

For the clues, write the definition of the key word.

Once the word search has been created, leave it for a few days/weeks. Then, try and complete it. Don't forget to print out the answer sheet so you can self-check the answers!

Here is an example below:

PREP WORDSERACH										
Us	e th	e def	initio	ns to	o fin	1 the	key	wor	ds!	
С	в	U	Т	D	Р	В	G	Р	w	
н	Н	w	Т	В	A	K	N	М	G	
0	Ι	М	Т	N	L	Е	0	С	х	
Ι	G	s	U	Ε	v	U	х	Ι	s	
v	Н	М	н	Ε	R	М	Α	N	I	
н	В	R	L	Т	L	Y	N	z	G	
w	S	Е	Р	R	Е	Р	Α	R	Е	
С	J	Е	v	I	K	С	Т	U	z	
М	S	М	G	Н	Т	L	С	z	N	
к	G	s	в	Т	в	N	D	D	Е	
	PREPARE			RM	AN	E	LEV	EN		
THI	THIRTEEN			GH						

1. What is 'PREP' short for?

- 2. What is the surname of our Headteacher?
- 3. What year group take their GCSE exams?
- 4. What year group take their A Level exams?
- 5. What does the 'H' in SHS stand for?

5. Write a poem

If you have a large number of facts, figures or key words to remember, write a poem that you can re-cite to yourself in the exam. Try and make it rhyme on the key words and throw in their definitions if you can.

6. Card Matching Game

Use revision cards. They must all be the same size and colour. On half the cards, write a key word on each. On the other half of the cards, write their definitions on each.

With a friend, turn all the cards so they face down on the table. Each person takes it in turns to turn over two cards. If they turn over the key word and the correct definition, they get to keep them. If the two cards do not match, they must be turned back and it is the next persons turn. The winner is the person with the most cards at the end.

You not only have to remember where the key words and the definitions are, but match them as well! Here is an example:



A Musical Scale containing only 5 notes.

7. Name That Tune!

Choose a song from the charts that you know really well and enjoy singing along to.

Now, re-write the lyrics so they contain all the facts and key words you need to remember. Try to keep to the same number of syllables for each line! Then, sing the words out loud as many times as you need to remember the lyrics.

TIP: Go to youtube or karaoke site and use the backing track/instrumental so you can sing your lyrics along to the beat!

8. Alphabet Prep

Challenge yourself to write a key fact, definition or key word for each letter of the alphabet. It works best with a single topic or area. Once you have completed it, memorise it using some of the techniques in this book.

Finally, challenge yourself to recall all the information using the alphabet as your guide and prompt!