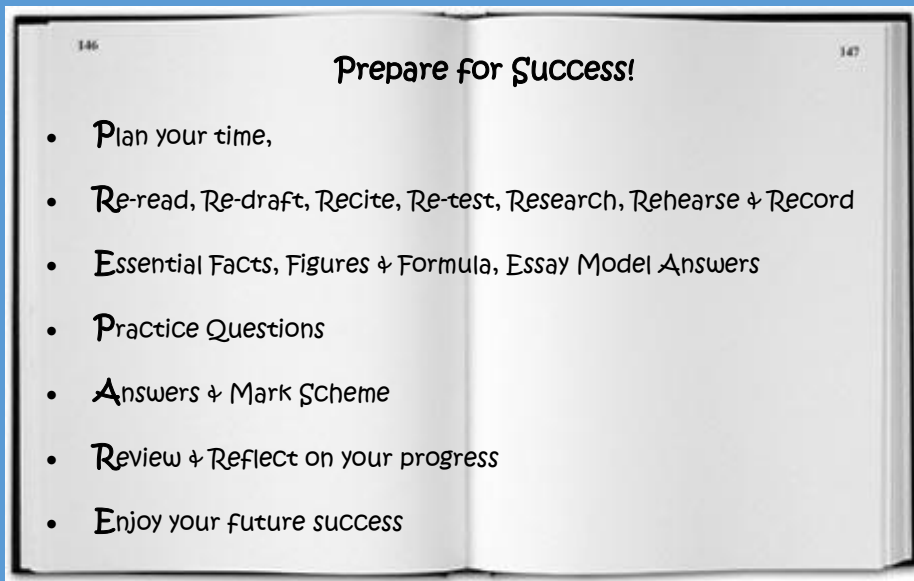




Shenfield High School



- Prepare for Success!**
- Plan your time,
 - Re-read, Re-draft, Recite, Re-test, Research, Rehearse & Record
 - Essential Facts, Figures & Formula, Essay Model Answers
 - Practice Questions
 - Answers & Mark Scheme
 - Review & Reflect on your progress
 - Enjoy your future success

PREP

Newsletter

Year 11

Autumn Term 2



What is 'PREP'?

'PREP' is what we do with the information we have learnt during the school day and how we prepare for the next day of learning. Evidence suggests that we only retain 50% of the information we learnt yesterday and after a week, we only retain 10%. The only way we can move the information we have learnt into the long-term memory is through re-visiting the information 4 or 5 times over a number of weeks.

In order to improve learning retention we are encouraging students to 'PREP' each evening after school. The focus of the time should be on the learning from the day and learning from the previous week, month and/or year.

'PREP' is short for PREPARE:

- Plan your time,
- Re-read, Re-draft, Recite, Re-test, Research, Rehearse & Record
- Essential Facts, Figures & Formula, Essay Model Answers
- Practice Questions
- Answers & Mark Scheme
- Review & Reflect on your progress
- Enjoy your future success

Types of PREP

- **EduLink PREP** – This is curriculum aligned work that has a deadline. This is work set by the class teacher that will need to be handed-in or completed for a certain lesson. This will be recorded on EduLink, but should also be handwritten in student planners.
- **Wider PREP** – This is on the PREP newsletter each half term and is there to broaden understanding, deepen knowledge and improve the hinterland. We want students to explore their subjects in greater detail and be inspired. The wider PREP is linked to 'C Points' which will be awarded for completion. Students can only be 'Exceeding' for Attitude to Learning if they complete Wider PREP on a regular basis.
- **Super-Curricular** – Supported through the PREP Newsletter and House competitions. This is a way to direct parents to additional learning opportunities such as historical sites, museums, galleries, theatre, media, tv etc that can help to cement a fuller understanding of the curriculum. There are many ways to learn and these provide one of the most active ways to improve learning.

Attitude to Learning Score includes PREP

Attitude to Learning Overview

	Behaviour	Effort	PREP
Exceeding Expectations	Highly motivated, engaged and mature approach to classroom learning.	Consistently working to the best of their ability, striving to learn more and improve.	Regularly completes Wider PREP from the PREP Newsletter.
Meeting Expectations	Hardworking and committed approach to classroom learning.	Work hard to complete all tasks within the lesson.	Has completed EduLink PREP, by the deadline set, to a good standard.
Occasionally Below Expectations	Sometimes distracted and does not meet the expectations of the classroom.	Work is sometimes incomplete or not given the care and attention required.	Has missed the EduLink PREP deadline and/or the PREP lacks care and attention.
Consistently Below Expectations	Poorly motivated and often distracting others. Does not meet classroom expectations consistently.	Work is often incomplete or not given the care and attention that is required.	Has consistently missed EduLink PREP deadlines and/or the PREP consistently lacks care and attention.

A French Bulldog with brown fur and a white chest patch is sitting at a desk, looking down at an open book. The dog is wearing gold-rimmed glasses. The background is a light blue wall covered in various educational icons like a microscope, globe, rocket, and books.


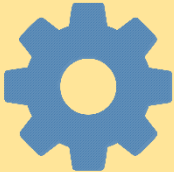

PREP is not optional
It's a way of life...




#PREP4Success
#Burning4Learning



PREP is not optional
It's a way of life...

#PREP4Success
#Burning4Learning

English	Language Paper 1	Wider PREP		<u>Super-Curricular Activities</u> <ul style="list-style-type: none"> • Watch a Mr Bruff video on YouTube based on how to approach Paper 1 to consolidate your understanding. • Join the Creative Writing group at school to support you with your writing. • Create a revision podcast that will help you revise this in Y11. • Attend KS4 English club for extra help and support.
		 KS4 Credit Task	Find a picture that inspires you to write a story. This can be one that you've taken yourself or one from the internet. Create a detailed story plan around your picture where you should craft your ideas. Try to add in some ideas for language and structure for effect.	
		 KS4 Credit Task	Question 2 on this paper will be exploring language. Select a key speech from 'An Inspector Calls' and answer the following question: 'How does Priestley use language to interest his reader?' Remember to quote, identify a language/structure technique and zoom in. Aim to write two paragraphs.	
		 KS4 Credit Task	Make your own revision guide for Paper 1. Include: how to approach each question, which assessment objectives are needed in your response, hints and tips from your teacher, useful video links for revision and sample paragraphs.	

Mathematics	Loci/Transformations/Variation	Wider PREP		Super-Curricular Activities <u>Visit the Wonderlab at the Science Museum in London.</u> “This unmissable interactive experience will ignite your curiosity, fuel your imagination, and inspire you to see the world around you in new and exciting ways.” Wonderlab: The Equinor Gallery Science Museum <u>Advent</u> As we get closer to Christmas, see if you can complete the daily tasks on this interactive advent calendar! Advent Calendar 2021 - Secondary (maths.org)
		 KS4 Credit Task	Mrs Ballington’s Excellence Challenge In Rugby what is the highest score that can be made in only one way? <ul style="list-style-type: none"> Rugby scores are either 3 (a kick), 5 (a try) or 7 (a try and conversion). For example, the score of 14 can only be made two ways (2 tries and 2 conversions OR 3 kicks and a try) and the score of 7 can only be made one way (try and conversion). What is the highest score that can be made in only one way? 	
		 KS4 Credit Task	Mrs Toshniwal’s Excellence Challenge Maths Rap/Song Write and record a short rap or portion of a song with lyrics about your favourite maths topic and email to Mrs Toshniwal.	
		 KS4 Credit Task	Mr Miller’s Excellence Challenge 1996 Puzzle Use the numerals 1, 9, 9 and 6 exactly in that order to make the following numbers: 28, 32, 35, 38, 72, 73, 76, 77, 100 and 1000 You can use the mathematical symbols +, -, ×, /, √, ^ (exponent symbol) and brackets.	

Science

Organic chemistry-Inheritance and Variation-Electromagnets

Wider PREP



Watch ONE set of these 3 videos

Chemistry

<https://www.youtube.com/watch?v=XXncE3cZ4H8>

<https://www.youtube.com/watch?v=3I7yCkSXPos&list=PL9IouNCPbCxVDcgWiviYYWj0xKMPXTd8s&index=4>

<https://www.youtube.com/watch?v=CjmriZq5xRo>

Biology

https://www.youtube.com/watch?v=LgLkt02HI9s&list=PLKw0ZzfWn1yvc_FuLQgk1115cU4Y2OTxe&index=1

<https://www.youtube.com/watch?v=Fh9b6a-3DLO>

<https://www.youtube.com/watch?v=i9zj9V8OWRk>

Physics

<https://www.youtube.com/watch?v=dMbWkodL12I>

https://www.youtube.com/watch?v=79_SF5AZtzo

<https://www.youtube.com/watch?v=mnigg3MGsIY>

You are then going to review these videos and the way the information is delivered. Did the video keep your interest? If so how? if not, why not? What was the most interesting part of the video? Overall which video do you consider to be the best? And why?



Make your own SHORT (no more than 2mins) video of the same topic considering what you liked and didn't like about how the information was presented in the 3 example videos. You can show this to your teacher and discuss any challenges or difficulties you found.



Find someone to compare your reviews to. How are your opinions of the videos different or similar? Use this to suggest ways the examples videos could be better.

Super-Curricular Activities

Take a virtual Tour!

VIRTUAL TOUR OF THE SCIENCE MUSEUM

<https://www.sciencemuseum.org.uk/virtual-tour-science-museum>

Chelmsford Science Festival

October 12th - 18th



Visit Mars!

<https://accessmars.withgoogle.com/>



Live Stream or go to an in person event!



<https://www.rigb.org/whats-on?type=6,7,26,25>


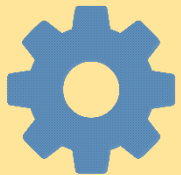

Fancy a night in front of the box?


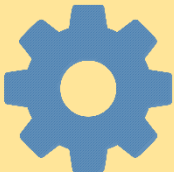

Netflix Documentaries




- *Our Planet*
- *72 Dangerous Animals*
- *Unnatural Selection Explained*




SCIENCE PREP Drop-In Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
Before School					
Break time					
Lunchtime	Science KS3 & KS4 (Science Office) Triple Science KS4 (Mr Hall)	Science KS3 (Science Office)	Science KS3 & KS4 (Science Office)	Science KS3 & KS4 (Science Office)	Science KS3 & KS4 (Science Office)
After School	Chemistry (Mr Richards & Mrs Helim)	Biology (Mr Fletcher S12 & Mrs Masters)			Physics (Dr Pope)

Art	Buildings Project	Wider PREP		<u>Super-Curricular Activities</u> <ul style="list-style-type: none"> Visit the Tate Britain to explore the art on offer there: Tate Britain Millbank London SW1P 4RG Read this Guide from BBC bitesize on how to write about Art. https://www.bbc.co.uk/bitesize/guides/z2hp3k7/revision/4 Watch this video on mixed media art. https://www.youtube.com/watch?v=0DEdbj3e700 Watch this video from mixed media artist Blythe Scott about her Art Practice: https://www.youtube.com/watch?v=p5_oOuzpAUQ
		 KS4 Credit Task	<p>[H1] Take at least 5 new photos relating to Buildings to work from for your project. When taking your photo's, you need to consider composition, colour, and texture. Think about possible locations near to where you live or school etc, that could offer you a range of buildings to photograph.</p>	
		 KS4 Credit Task	<p>Make three plans (A4 in size) from the photos you have taken. For these plans you need to focus on a mixed media approach: using more than one medium on the piece. Try using different combinations for each plan e.g., watercolour and pen, pencil and acrylic, collage, and charcoal.</p>	
		 KS4 Credit Task	<p>Complete a mixed media piece, following what you have learned from completing your plans. Make sure you have considered composition- the page shouldn't have blank spaces, colour and technique. Complete this as an A3 piece.</p>	

BTEC Enterprise	Component 2 (Business Plan) and Component 3 (Finance)	Wider PREP		<u>Super-Curricular Activities</u> <ul style="list-style-type: none"> Watch a revision video on a topic you have covered in school. This can be accessed on the Shenfield Learning Gateway – Student Resources\Business & Economics\Key Stage 4\BTEC\BTEC Tech Award\BTEC Tech 2021-23\Component 3 PREP\Videos Complete a revision activity on Sources of Finance Click HERE Read the article and then list what start up and running costs you will need for your enterprise idea. Click HERE Watch the video on Apple and Nike. Can you use any of these ideas to create a brand for your enterprise idea? Click HERE
		 KS4 Credit Task	[R4A] Revision Resource – you will need to create a revision resource to help you with an upcoming assessment for Component 3. Your teacher will help you in class with the structure and expectations.	
		 KS4 Credit Task	[RT] Research – the subject content you are exploring in class is dynamic in nature and effects businesses differently. Your teacher will set you a research task where you will need to relate what you are learning to an actual business. This research could be either primary or secondary. You will need to bring your findings to your next lesson.	
		 KS4 Credit Task	[IA] Internal Assessment – you will complete multiple tasks set as PREP on Edulink. It is essential that these tasks are completed, as they will be support materials that you can use in your coursework assessment for Component 2.	

GCSE Business	2.2 Making Marketing Decisions	Wider PREP		<u>Super-Curricular Activities</u> <ul style="list-style-type: none"> Visit the Museum of Brands - Click HERE Create an extension strategy for either Apple or Coca Cola – Click HERE Evaluate how successfully McDonalds have adapted their marketing mix overtime - Click HERE Create your own promotional campaign for a business of your choice – Click HERE Explore how prices are determined in aviation – Click HERE Listen to the Diary of a CEO podcast interview Gregg Hoffman – Click HERE
		 KS4 Credit Task	[R4A] Revision Resource – you will need to create a revision resource to help you with an upcoming assessment. Your teacher will help you in class with the structure and expectations. There is also resources in the student drive available to support revision that you can engage with independently.	
		 KS4 Credit Task	[RT] Research – the subject content you are exploring in class is dynamic in nature and effects businesses differently. Your teacher will set you a research task where you will need to relate what you are learning to an actual business. This research could be either primary or secondary. You will need to bring your findings to your next lesson.	
		 KS4 Credit Task	[RT] Research – the subject content you are exploring in class is dynamic in nature and effects businesses differently. Your teacher will set you a research task where you will need to relate what you are learning to an actual business. This research could be either primary or secondary. You will need to bring your findings to your next lesson.	

Computer Science	Networks	Wider PREP		<u>Super-Curricular Activities</u> <ul style="list-style-type: none"> Visit Bletchley Park - https://bletchleypark.org.uk/ Visit the Centre for Computing History http://www.computinghistory.org.uk/ There is a plethora of Computer Science based films and documentaries across the common streaming services. Suggestions include: <ul style="list-style-type: none"> The Imitation Game The Social Dilemma The Social Network and The Great Hack Age restrictions apply. Consult parents or carers before watching.
		 KS4 Credit Task	<ul style="list-style-type: none"> Create a piece of media that explains what utility software is, and it's uses. 	
		 KS4 Credit Task	<ul style="list-style-type: none"> Create a rap/poem that explains some security threats to computer systems. 	
		 KS4 Credit Task	<ul style="list-style-type: none"> Create a summary that compares three different operating softwares . 	

AQA GCSE DRAMA

COMPONENT 3: TEXTS IN PRACTICE (SCRIPTED EXAM) COMPONENT 1 : UNDERSTANDING DRAMA (WRITTEN PAPER)

Wider PREP



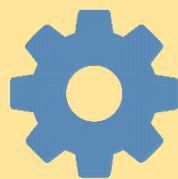
KS4 Credit
Task

[R4A] [HI] Researching your play and playwright

Complete a fact file on your chosen Comp 3 text, which includes the following information:

- Basic info on your playwright
- When the play was written
- When the play is set
- What was happening in the world/ country when the playwright was writing this play? Was there anything significant going on? Was there a breakthrough of technology/ social media for example?
- Why did the playwright write this play? What were their intentions?

Your research may include reading interviews with the playwright, reading the introductions/forewords to their plays, watching the play, reading reviews of the play.



KS4 Credit
Task

[R4A] [HI] Researching/ Watching the work of Professionals

Log onto Digital Theatre/ Drama Online Library (links opposite). Choose 3 professional productions to watch. I have listed a few suggestions below. You may choose your own productions. Some do contain strong language and adult themes, but are all educational and KS4 appropriate.

- Digital Theatre - Billy the Kid
- Digital Theatre - Frankenstein
- Drama Online Library - One Man Two Guvnors
- Drama Online Library - Things I Know to be True
- Drama Online Library - Small Island

Once you have watched one production, answer the following questions in your book:

- The name of the production and the Theatre Company
- The basic plot (a couple of sentences)

Super-Curricular Activities

Watch as much Live Theatre/ streamed live theatre as you can. Below are two streaming services you can access.

Digital Theatre Details:

<https://edu.digitaltheatreplus.com/>


Login: student.Shenfield
password: dt123

Drama online Library Details:

<https://www.dramaonlinelibrary.com/>

Username: 97QG8Dg)y+

Password: 2He(6Ed%rV

			<ul style="list-style-type: none"> • Describe a key moment where a performer created a believable character. • Describe the performance skills they used to create the believable character – what did they do? • Analyse why the performer decided to perform it this way. • Evaluate the impact of their character on you as an audience member. 	
		 <p>KS4 Credit Task</p>	<p>[R4A] [HI] Create a “Theatre Practitioner” fact file.</p> <p>Use the following website to help you research 3 different Practitioners and their work within the Theatre. You will need to write up the research into your own words.</p> <p>https://www.bbc.co.uk/bitesize/guides/znn4vk7/revision/1</p> <ul style="list-style-type: none"> • Basic information. • Their ideas/theories on Theatre (what were their “methods” or beliefs on how Theatre should be performed? They may have a unique acting “system” or a set of “techniques” that is unique to their style of Theatre) • Any other interesting information. 	

BTEC PERFORMING ARTS

Component 3: Responding to a Brief

Wider PREP



[R4A] [HI] Research your target audience

For your current mock Comp 3, you could complete the following research in order to further develop your practical work.

- Create questionnaires for your target audience. What are the issues in their local community? What do they like/dislike about their local community?
- Read through the responses and create a short presentation which analyses the responses.
- Make a plan on how you will use these responses to inform and develop your practical work.



[R4A] [HI] Researching/ Watching the work of Professionals

Log onto Digital Theatre/ Drama Online Library (links opposite). Choose 3 professional productions to watch. I have listed a few suggestions below. You may choose your own productions. Some do contain strong language and adult themes, but are all educational and KS4 appropriate.

- Digital Theatre – Billy the Kid
- Digital Theatre -Frankenstein
- Drama Online Library- One Man Two Guvnors
- Drama Online Library- Treasure Island
- Drama Online Library- Macbeth

Once you have watched one production, answer the following questions in your book:

- The name of the production and the Theatre Company
- The basic plot (a couple of sentences)
- Describe a key moment which had an impact on you. Why did it have an impact on you?
- Explain how you can ADAPT what you saw in that key moment for YOUR current performance
- Explain the impact you want to have on the audience.

Super-Curricular Activities

Watch as much Live Theatre/ streamed live theatre as you can. Below are two streaming services you can access.

Digital Theatre Details:

<https://edu.digitaltheatreplus.com/>

Login: student.Shenfield
password: dt123

Drama online Library Details:

<https://www.dramaonlinelibrary.com/>

Username: 97QG8Dg)y+

Password: 2He(6Ed%rV




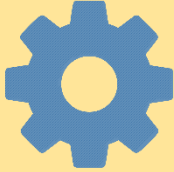

KS4 Credit Task


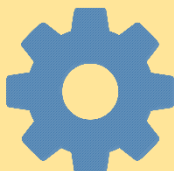

[R4A] [HI] Create a “Theatre Practitioner” fact file.




Use the following website to help you research 3 different Practitioners and their work within the Theatre. You will need to write up the research into your own words.






<https://www.bbc.co.uk/bitesize/guides/znn4vk7/revision/1>




- Basic information.
- Their ideas/theories on Theatre (what were their “methods” or beliefs on how Theatre should be performed? They may have a unique acting “system” or a set of “techniques” that is unique to their style of Theatre)
- Any other interesting information


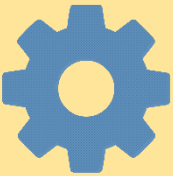

Engineering	Building an engineering product	Wider PREP		<u>Super-Curricular Activities</u> <ul style="list-style-type: none"> • Events given by the royal society or engineers can be found here. • Check out Engineering in action for details on events near you • Check out these videos on how engineering products can be made.
		 KS4 Credit Task	<p>[HI] Watch this video on the types of engineer that there are here, pick 5 modern engineering products (eg a car, a computer etc) make a list of the types of engineer who will combine to produce that product and explain their individual roles in producing that product</p>	
		 KS4 Credit Task	<p>[HI] Pick an everyday object from around your house, draw that object using both isometric and orthographic display, ensure that you have a title box!</p>	
		 KS4 Credit Task	<p>[HI] Watch this video on the structure of metals, write down the most useful engineering metals and their properties.</p> <p>Explain what alloys are, why we produce them and give the most common alloys engineers use.</p>	


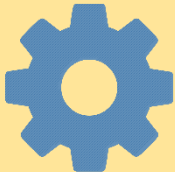

FILM STUDIES – YEAR 11	ET/COMPARATIVE FILM	Wider PREP		Super-Curricular Activities
		 KS4 Credit Task	(HI) For a full understanding of sound in the film ET, please watch this video How Music Makes E.T. Fly - YouTube and as you watch write down and summarize, in the form of a one page summary, how the film uses sound for dramatic effect Please hand your one page summary to you film studies teacher for the credit.	Stranger Things Experience Stranger Things: The Experience - London (strangerthings-experience.com)
		 KS4 Credit Task	(HI) Special effects creating realism is an important aspect of a science fiction film, so please watch this short video Creating the Sights and Sounds of "E.T. The Extra-Terrestrial" - YouTube and as you watch think about how the visual effects for the film were created. For your credit please see your teacher at an end of a lesson to discuss your understanding of the clip explaining how visual effects were used in ET	Jurassic World: The Exhibition Jurassic World: The Exhibition. London Tickets Fever (feverup.com)
		 KS4 Credit Task	(HI) For a revision exercise please watch this video How to read mise en scène Visual film analysis explained! - YouTube and after you watched it please find and then print a one page document from the internet which explains different examples of mise en scene in film. Hand document to your film studies teacher for your credit.	Harry Potter Tour https://www.wbstudiotour.co.uk/
				Radio 4 Film Show https://www.bbc.co.uk/programmes/b006r5jt
				General Revision Videos
				Mise en Scene https://www.youtube.com/watch?v=wFiP-E1zTRc
				Sound https://www.youtube.com/watch?v=2kW9_SyjlBM
				Editing https://www.youtube.com/watch?v=zoj2nIulQDQ
				Cinematography https://www.youtube.com/watch?v=9LkKgoq584M
				History of Film Studies https://www.youtube.com/watch?v=Ahlbl_URhco


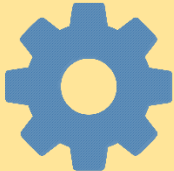

Geography	Tectonics	Wider PREP		<u>Super-Curricular Activities</u> <ul style="list-style-type: none"> • The Science Museum: You could visit the museum to explore exhibits about the Earth. The museum is free to enter https://www.sciencemuseum.org.uk/ • Fracking – should the UK Government allow it to happen, even if it causes earthquakes? What is fracking and why is it controversial? - BBC News • Watch expedition volcano on PlaneteStream • Revise using BBC Bitesize
		 <p>KS4 Credit Task</p>	<p>[ER] Create a detailed diagram of the earth's structure, plates, plate boundaries and the types of volcanoes.</p>	
		 <p>KS4 Credit Task</p>	<p>[ER] How does tectonics link to renewable energy, and how can the UK possibly take advantage of this technology?</p>	
		 <p>KS4 Credit Task</p>	<p>[ER] Haiti is a poorly governed, developing economy. It suffered a massive earthquake in 2010, why hasn't it been fully able to recover yet? Explain the Social, Political, and Physical reasons.</p>	

GCSE Food Preparation and Nutrition		Wider PREP		Super-Curricular Activities	
AQA 4.3.6 Marking criteria: Task 2 Food preparation assessment	 KS4 Credit Task	[Hi] In preparation for NEA2 practice your skills at home by making dishes that use a range of skills including, knife skills, different cooking methods, sauce making and raising agents. Send picture of your dishes to: c.dyke@shenfield.essex.sch.uk		<ul style="list-style-type: none">Visit a restaurant and carry out a sensory analysis on the dishes. Give a score from 0-5 regarding: Texture, flavour, taste, appearance and smell.Visit the Food Museum in Suffolk https://foodmuseum.org.uk/about/ Their mission is to connect people with where our food comes from and the impact of our choices: past, present and future. Visit: https://boroughmarket.org.uk/ <div></div>	
	 KS4 Credit Task	[RT] Food Provenance: Environmental impact and sustainability of food Research one of the large supermarkets like Tesco, Aldi or Sainsburys. Find out about food sustainability and food waste and what the supermarket is doing to support this. https://www.about.sainsburys.co.uk/sustainability https://www.tescopl.com/sustainability/planet/healthy-sustainable-diets/		Watch YouTube for dishes that include complex skills: <ul style="list-style-type: none">Cheese Soufflehttps://www.youtube.com/watch?v=a2i61-Cb2KoChicken and Mushroom Piehttps://www.youtube.com/watch?v=sH17OpJ5kAgCottage/Shepherd's Pie with pipped potatohttps://www.youtube.com/watch?v=M_GNznvIN1EFish cakeshttps://www.youtube.com/watch?v=xEGFcisC4c0Raviolihttps://www.youtube.com/watch?v=JuJNWpK0fI4 This is good preparation for your NEA2.	
	 KS4 Credit Task	[RT] Upload your favourite recipes and meals to the Nutrition Program website (https://www.nutritionprogram.co.uk) using your login (your school number) and password (1ShenField2) to review the costing and nutrition. Can you analyse your favourite recipes? Can you explain how to make them healthier?		<ul style="list-style-type: none">For an interactive revision guide which covers all the AQA specification, join a class on Seneca (senecalearning.com – class code eba0kovnqi) https://app.senecalearning.com/classroom/course/d59d0e60-4fa8-11e8-bbba-738ab127bed6/section/3a2ecae0-5aac-11e8-8337-b1fe33357061/session	




Health and Social Care	Year 11 Component 3	Wider PREP		<u>Super-Curricular Activities</u> - To improve your health and wellbeing, complete the 0-5K NHS app. If you are able to complete this, then set yourself a challenge to enter and run a 5k race and raise some money for charity. Example: Pretty Muddy – Cancer Research UK Race for Life – Cancer Research UK https://findarace.com/5k-runs Take some photos of yourself out on your runs or with your medal at the end of a race. Good luck!
		 KS4 Credit Task	Research Task: To consolidate learning around physiological issues, carry out some research as to how and why the BMI chart is out of date and what other charts or information is available that is more up to date. How is this better? Is this widely available?	
		 KS4 Credit Task	Consolidation: Create a Health Profile for yourself or another person in your household. This will help you to understand the topics that are being covered in lesson and will give you some practice around using different pieces of equipment.	
		 KS4 Credit Task	Produce a leaflet on Lifestyle data. This will need to include; different factors that have an impact on the positives and negatives and what can impact this. Then you will need to give suggestions on how to improve this in the future and the state how this can reverse some of the damage that has been done to the body.	


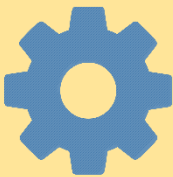

KS4 HISTORY	Weimar and Nazi Germany – Hitler's rise to power	Wider PREP		<u>Super-Curricular Activities</u> <ul style="list-style-type: none"> Churchill War Rooms – Click HERE The Imperial War Museum, London – Click HERE There are often documentaries on TV about Hitler and life in Nazi Germany, particularly on the 'Yesterday' channel. Keep your eye out. Speak to your teacher about the books and magazines available to read in the department
		 KS4 Credit Task	<p>[PQ] Answer the following 12 mark exam question:</p> <p>Explain why support for the Nazi Party grew in the years 1929 to 1932.</p>	
		 KS4 Credit Task	<p>[RT] What was life like during the Great Depression in Germany? Did everyone suffer the same? Research and write down ideas on a spider diagram, make a PowerPoint Presentation or a film about what you find out. Consider:</p> <ul style="list-style-type: none"> Politics Economy Employment Wages Social life 	
		 KS4 Credit Task	<p>[ER] Contribute towards the historical debate on Hitler. Create a timeline of Hitler's rise to dictatorship. What do you think were the most important reasons? Highlight these and discuss with your teacher.</p>	




GCSE Spanish	Module 4: Intereses y influencias Module 6: De costumbre	Wider PREP		<u>Super-Curricular Activities</u>
		 KS4 Credit Task	<p><u>VOCAB FOCUS:</u></p> <ul style="list-style-type: none"> Learn the vocabulary associated with each of these Modules – this can be found on Quizlet using the following link; www.quizlet.com/ashaunak <p>This will allow you to practise your vocabulary learning by means of various interactive games and self-testing exercises.</p> <p>Download and show your teacher your results and scores for extra KS4 Credits!</p>	
		 KS4 Credit Task	<p><u>GRAMMAR FOCUS:</u></p> <ul style="list-style-type: none"> Work through your Grammar and Translation Workbooks completing the sections that are advised in your lessons by your respective class teacher to ensure that your knowledge of grammatical concepts and structures is secure and consolidated. 	
		 KS4 Credit Task	<p><u>SKILLS FOCUS – LISTENING AND READING:</u></p> <ul style="list-style-type: none"> Try watching your favourite television shows on Netflix (or similar) with the Spanish subtitles. Alternatively, you could change the audio setting to Spanish and have English subtitles. 	

Music	The Concerto Through Time	Wider PREP		Super-Curricular Activities
		 <p>KS4 Credit Task</p>	<p>[HI] Listen and watch Mozart's Clarinet Concerto in A Major all the way through (31 Minutes) https://www.youtube.com/watch?v=YT_63UntRJE</p> <p>As you listen write about how Mozart has used melody, texture and dynamics. Did the piece of music keep your interest? If so, how? If not, why not? How did the orchestra work with the clarinet so it could be heard? What else did you notice when you watched it? How did the audience respond in between movements?</p>	
		 <p>KS4 Credit Task</p>	<p>[HI] Download Musescore or use Sibelius in a music classroom to compose an 8 bar introduction to your own concert. There should be a minimum of 20 instrument parts. Hand in the file or print out to your teacher and discuss the challenges you encountered during the process.</p>	
		 <p>KS4 Credit Task</p>	<p>[HI] Learn how to play a movement from a concert on your own instrument or on a keyboard app. Then, perform what you can do to a teacher and discuss what you discovered through undertaking this activity.</p> <p>Create your own melody using the given Raga in class. Teach this to members of your family without showing them the notes to play either using a keyboard/piano or an online keyboard. See if they can pass it on to other members of your family.</p> <p>Watch Ravi Shankar here - https://www.youtube.com/watch?v=p-ijCe1xRWQ</p> <p>Watch Zakir Hussain (tabla) here - https://www.youtube.com/watch?v=O2K0ptoYpuc</p>	

- **London Symphony Orchestra** – Concert Diary – Click [HERE](#)
- **London Philharmonia** – Concert Diary – Click [HERE](#)
- **The BBC Proms 2022** – Watch here - <https://www.bbc.co.uk/iplayer/episodes/b007v097/bbc-proms>
- **The Secrets of a Musical Symphony** - https://www.ted.com/talks/hanako_sawada_the_secrets_of_the_world_s_most_famous_symphony
- **The different voices of the cello** - https://www.ted.com/talks/maya_beiser_a_cello_with_many_voices

Music Technology	The Unit 1 – The Music Business and Industry	Wider PREP		<u>Super-Curricular Activities</u> <ul style="list-style-type: none"> The Record Label – Click HERE. Recording Audio on a Film Set – Click HERE. Get a head start on learning about the different types of Microphones. Watch HERE. Fly on the wall experience of recording a Film Score. Watch HERE. Behind the scenes footage of recording percussion with Hans Zimmer. Watch HERE.
		 KS4 Credit Task	<p>[HI] Watch the Brief History of Audio Recording and Music Production HERE. You should make notes on any key details that you learn from the video.</p> <p>Watch another History on Audio Recording video HERE.</p> <p>You are to create a timeline on the developments and consider how these developments have made the creation and production easier, or more difficult.</p>	
		 KS4 Credit Task	<p>[HI] Complete at least two of the Nando's activities on the homework sheet. This work should be either emailed to your teacher or printed off and handed in. You can decide which of the activities you complete.</p>	
		 KS4 Credit Task	<p>[HI] Write a job advert for at least two of the job roles you have learnt. The advert should include:</p> <ul style="list-style-type: none"> - The skills required for the job - Takes and roles that are included in the job role. - Type of contract, including the amount of hours worked. <p>This work should be either emailed to your teacher or printed off and handed in.</p>	

Physical Education	Health & Performance - Diet & Nutrition	Wider PREP		<u>Super-Curricular Activities</u> <ul style="list-style-type: none"> • Watch LIVE sporting events to understand the rules and tactics used during the game. • Attend at least one extra-curricular club at school and/or practise a sport outside of school.
		 KS4 Credit Task	<p>[RT] Diet: Keep a food diary for 5 days</p> <p>Create a food diary & analyse your diet:</p> <ul style="list-style-type: none"> - Is your diet balanced? Explain. - What do you need to change about your own diet? (link answers to the 7 components of a healthy balanced diet) <p>Download MyFitnessPal app to help you record & consider macronutrient intake.</p>	
		 KS4 Credit Task	<p>[HI] Create a revision resource for the Diet & Nutrition topic area, which you can share with your teacher and peers.</p> <p>Examples could be: Flow charts, Mind Maps, Revision/Flash Cards, Glossary of definitions etc.</p>	
		 KS4 Credit Task	<p>[HI] https://www.youtube.com/watch?v=S6X5oNOA1DA https://www.youtube.com/watch?v=6vGNZ34bT5k</p> <p>Watch the two nutrition videos using the links above and summarise your findings to your teacher.</p>	

Sociology	Family and Education Revision	Wider PREP		<u>Super-Curricular Activities</u> <ul style="list-style-type: none"> Read the family section (pages 32-79) of WJEC Eduqas GCSE Sociology by Steve Tivey and Marion Davies Read the education section (pages 80-119) of WJEC Eduqas GCSE Sociology by Steve Tivey and Marion Davies TED talk: Kandice Sumner – How America’s public school keep kids in poverty https://www.ted.com/talks/kandice_sumner_how_america_s_public_schools_keep_kids_in_poverty Radio 4 podcast ‘Do schools make a difference?’ http://www.bbc.co.uk/programmes/b01b9hjs
		 KS4 Credit Task	<p>Ensure that you have revision resources on all topics in the Family and Education sections of the specification (use the resources on the student drive as shown to you by your teachers to access checklists and to download resources)</p>	
		 KS4 Credit Task	<p>Complete the specimen exam papers (family and education section only) which can be found by following the links below: https://www.wjec.co.uk/qualifications/sociology/r-sociology-gcse-from-2017/eduqas-gcse-sociology-sams-2017-e.pdf https://www.wjec.co.uk/qualifications/sociology/r-sociology-gcse-from-2017/</p> <p>Scroll down to bottom of page, look on the left hand side and open the document entitled ‘GCSE Sociology additional specimen questions component 1’</p>	
		 KS4 Credit Task	<p>Peer mark your exam papers before handing into your teacher for marking (this will help you to understand what is required to reach the top band in each of the different question types).</p> <p>Mark schemes can be found in the same document as the question papers.</p>	

Improving Memory Skills & Understanding PREP

1. Self-Testing

Self-testing is an effective tool if you have a large amount of information to learn for an assessment or exam.

Let's say you had to remember the definition of 20 key words.

Start by writing out five key words and their definitions. Study them for 2 or 3 minutes, then put the sheet away.

On another piece of paper, try to write down the key words and definitions from memory.

If you were not able to recall all 5, then repeat the process again. Study the definitions and re-test.

Once you are able to recall 5 key words and definitions, add another 5 to the original sheet.

Give yourself 4 or 5 minutes to study the 10 key words and definitions. Put the sheet away and re-test but this time with 10.

Build this up until you can recall all 20 key words and definitions.

More importantly, re-test yourself a week later. Review your progress and go back to any definitions or words you were unable to write down. Then, re-test yourself a month later with the same words.

The more you re-test, the more you will retain and the easier it becomes.

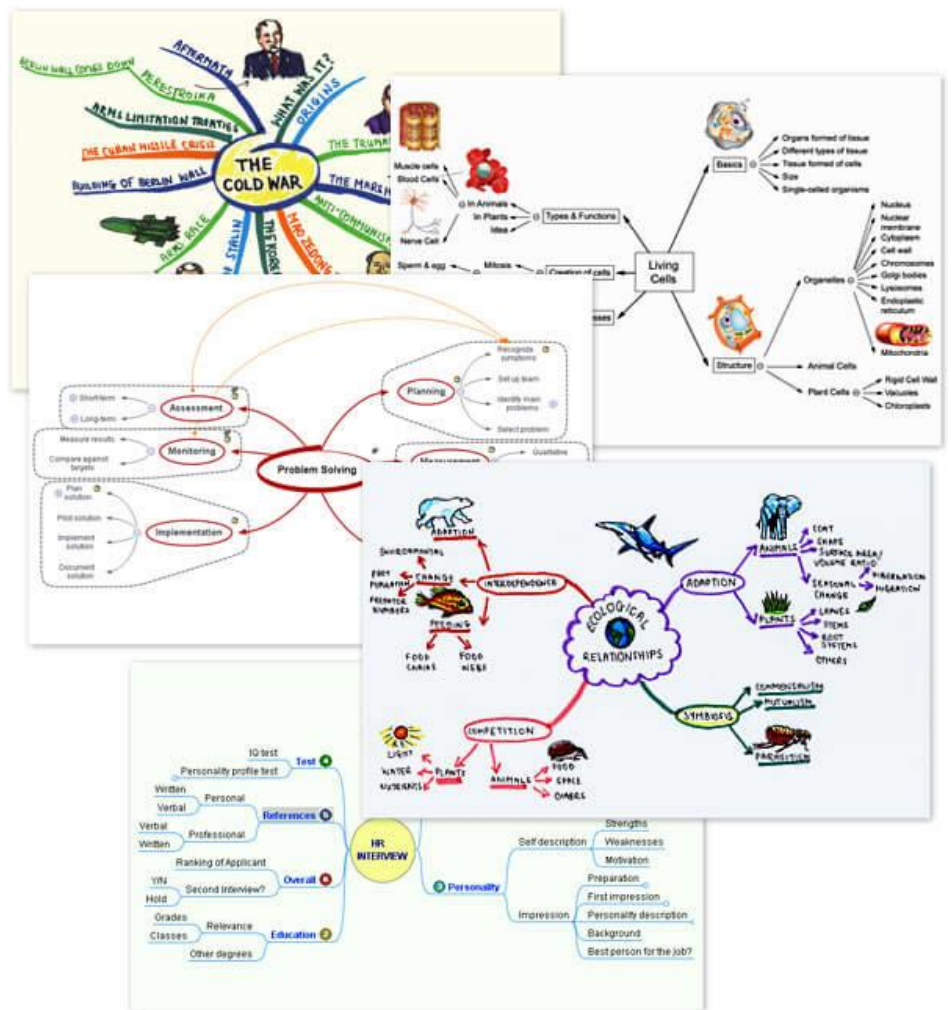
These techniques could be applied to:

- Key Information for an Essay
- Character names and profiles
- Formula
- Translations
- Case Studies
- Experiment processes
- Arguments or Quotations
- And many more!

2. Mind Mapping

Mind Mapping is a highly effective way of getting information in and out of your brain. Mind Mapping is a creative and logical means of note-taking and note-making that literally "maps out" your ideas.

All Mind Maps have some things in common. They have a natural organisational structure that radiates from the centre and use lines, symbols, words, colour and images according to simple, brain-friendly concepts. Mind Mapping converts a long list of monotonous information into a colourful, memorable and highly organised diagram that works in line with your brain's natural way of doing things.



- Think of your general main theme and write that down in the centre of the page. i.e. Food

- Figure out sub-themes of your main concept and draw branches to them from the centre, beginning to look like a spider web i.e. Meats, Dairy, Breads
- Make sure to use very short phrases or even single words
- Add images to invoke thought or get the message across better
- Try to think of at least two main points for each sub-theme you created and create branches out to those

3. Revision Cards

Revision cards are small handheld cards that contain key information. The cards should have a title at the top with 5 or 6 key words, formula or sentences. Try and keep the colour consistent for each topic e.g. green cards for the Environment.

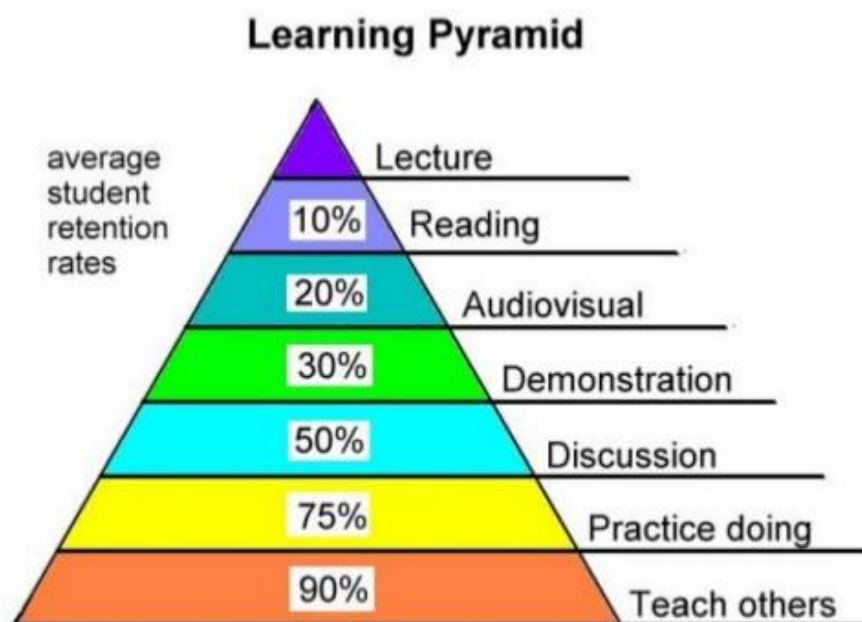
TIP: On the back of the revision card, write the title from the front. Then, after you have read through your cards a number of times, turn them over. Look at the title and self-test yourself on the information. Once you have recalled all you can, turn the card back over and check your answers.

4. Complete the Sentence

If you have a large number of facts to learn for an essay, write out ten key sentences you wish to memorise for the essay. Then, on a separate piece of paper, write out the first half of the sentence and leave the other half blank. Take a break, make a cup of tea, then come back and try to complete the sentences from memory.

If you managed to complete all ten, try and add more sentences and repeat the exercise.

TIP: Once you can complete the sentences with ease, test yourself further by trying to write out all the key sentences from memory without the sentence starters!



Fun Ways to PREP

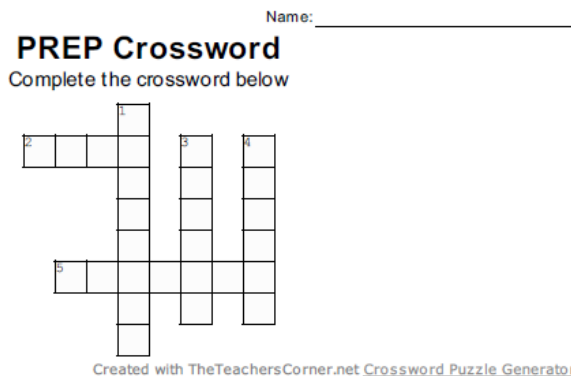
1. Key Words Crossword Puzzle

Choose a subject and write down all the key words you need to learn. Find an online Crossword creator, there are a huge number of web sites that can do this for you.

For the clues, write the definition of the key word.

Once the crossword has been created, leave it for a few days/weeks. Then, try and complete it. Don't forget to print out the answer sheet so you can self-check the answers!

Here is an example below:



ACROSS

2. What does the 'H' in SHS stand for?
5. What is 'PREP' short for?

DOWN

1. In what year group do you take A Level exams?
3. What is the surname of our Headteacher?
4. In what Year group do you take GCSE exam?

2. Key Word Pictionary

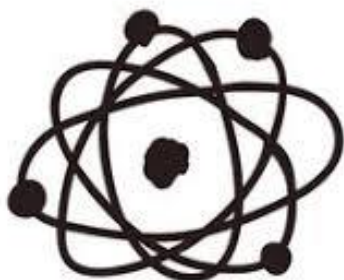
For this game you will need at least one other person. With a friend or group of friends, decide which subject and set of Key Words you wish to learn or revise. Write them down on individual cards. Try to have a large number so they are not too obvious.

Take it in turns to draw (without using words, symbols or speaking) something that represents the key word you wish to learn.

Want to Make the Game Harder?

The other player who is trying to guess the key word can't say the key word, but must give the correct definition of it!

Here is an example below:



The Easy Answer: **An Atom**

***The Definition Answer:**

The smallest particle of a chemical element that can exist.

3. Write a Short Story

If you have a large number of facts, figures or key words to remember, write a short story that you can recite to yourself in the exam. The more interesting and funny your story is, the more likely you are to remember the facts.

Here is an example:

1. To begin our adventure into storytelling, start by reading the paragraph below, which recounts a brief and chaotic story. Your task is simply to understand what happens:

"A man called Nigel is sat next to his enormous, 300lb pet squid as they travel around in the back of his lime-green limo. They're arguing over what to watch on the limo's TV: Coronation Street, or Sesame Street. It soon turns into a fight, which the squid wins by using its eight limbs to empty eight pepper-grinders on to Nigel's head. Nigel leaps from the car in terror and runs away towards the sea, cleverly heading through a thick yellow field of rapeseed to stop the squid from following. On reaching the beach, he meets Prince Harry, who is celebrating his 25th birthday. Prince Harry persuades Nigel to help him confront two Gallic dancers who have eaten a beautiful "she-swan" (without the Queen's permission). After the attack, Nigel jumps into the sea and swims out towards, as luck would have it, the Lady of Shalott, who is bobbing up and down in a boat made from a giant orange pepper. She invites him on board and they fall in love."

It will have taken you perhaps a minute to read through this. This should demonstrate just how quickly and effortlessly your mind can imagine elaborate scenes it has never encountered before.

Your next step is to see how much of the story you recall. First, close your eyes and repeat the story as well as you can in your head. When you're done, open your eyes and write down all the items you have successfully recalled. This will give you a sense of how many useful memories you can store in around a minute or so. Hopefully you'll have impressed yourself again.

Now, you'll perhaps be wondering what the point of remembering a random list of objects like this might be. But here we can reveal that the story you've learned is not at all random, but in fact encodes the ingredients for a Nigel Slater recipe. Hooray! The 300lb squid represents 300g of squid; the lime-green limo is a lime; Coronation Street stands for coriander; Sesame Street for sesame oil; eight pepper grinders for eight crushed peppercorns; the rapeseed field for rapeseed oil; Prince Harry celebrating his birthday for 25g ginger; two Gallic dancers for two cloves of garlic; the "she-swan" for Szechuan pepper; the sea for salt; the Lady of Shalott for shallots; the orange pepper boat for one large orange pepper.

Have a look over these connections. Your last task is to try to remember the ingredients that correspond to each element in the story. Once you've done that, you're ready to make your squid and pepper stir-fry ...

1. <https://www.theguardian.com/lifeandstyle/2012/jan/15/story-lines-facts>

4. Key Term Word Search

Choose a subject and write down all the key words you need to learn. Find an online Word Search creator, there are a huge number of web sites that can do this for you.

For the clues, write the definition of the key word.

Once the word search has been created, leave it for a few days/weeks. Then, try and complete it. Don't forget to print out the answer sheet so you can self-check the answers!

Here is an example below:

PREP WORDSEARCH

Use the definitions to find the key words!

C	B	U	T	D	P	B	G	P	W
H	H	W	T	B	A	K	N	M	G
O	I	M	T	N	L	E	O	C	X
I	G	S	U	E	V	U	X	I	S
V	H	M	H	E	R	M	A	N	I
H	B	R	L	T	L	Y	N	Z	G
W	S	E	P	R	E	P	A	R	E
C	J	E	V	I	K	C	T	U	Z
M	S	M	G	H	T	L	C	Z	N
K	G	S	B	T	B	N	D	D	E
PREPARE	HERMAN	ELEVEN							
THIRTEEN	HIGH								

1. What is 'PREP' short for?
2. What is the surname of our Headteacher?
3. What year group take their GCSE exams?
4. What year group take their A Level exams?
5. What does the 'H' in SHS stand for?

5. Write a poem

If you have a large number of facts, figures or key words to remember, write a poem that you can re-cite to yourself in the exam. Try and make it rhyme on the key words and throw in their definitions if you can.

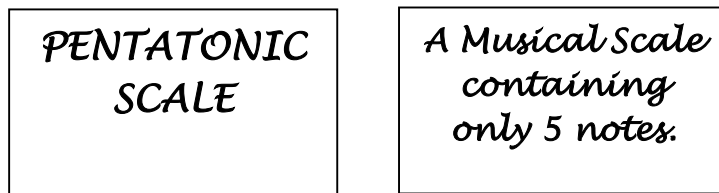
6. Card Matching Game

Use revision cards. They must all be the same size and colour. On half the cards, write a key word on each. On the other half of the cards, write their definitions on each.

With a friend, turn all the cards so they face down on the table. Each person takes it in turns to turn over two cards. If they turn over the key word and the correct definition, they get to keep them. If the two cards do not match, they must be turned back and it is the next persons turn. The winner is the person with the most cards at the end.

You not only have to remember where the key words and the definitions are, but match them as well!

Here is an example:



7. Name That Tune!

Choose a song from the charts that you know really well and enjoy singing along to.

Now, re-write the lyrics so they contain all the facts and key words you need to remember. Try to keep to the same number of syllables for each line! Then, sing the words out loud as many times as you need to remember the lyrics.

TIP: Go to youtube or karaoke site and use the backing track/instrumental so you can sing your lyrics along to the beat!

8. Alphabet Prep

Challenge yourself to write a key fact, definition or key word for each letter of the alphabet. It works best with a single topic or area. Once you have completed it, memorise it using some of the techniques in this book.

Finally, challenge yourself to recall all the information using the alphabet as your guide and prompt!

