- 1. You are with a friend and they say something you do not agree with. Do you...
- a) agree with them to avoid an argument
- b) only say what you think if they ask your opinion
- c) tell them you don't agree with them and explain why?
- 2. Some friends dare you to do something reckless that could have serious consequences. Do you...
- a) agree to do it in order to try to impress them
- b) find an excuse for not doing it
- c) refuse and say you're not prepared to be so reckless?
- 3. A group of friends are teasing someone and making hurtful remarks about them. Do you...
- a) join in because they expect you to do so
- b) not join in, but do nothing to stop them
- c) try to get them to stop?

- 4. You have become friends with someone none of the rest of your friends like. Do you...
- a) drop your new friend
- b) ask your friends why they don't like your new friend then decide what to do
- c) tell them that it's none of their business and you'll be friends with who you choose?

- 6. Two of your friends have a row and fall out. Do you...
- a) take the side of the person you like best
- b) leave them to sort it out and try not to get involved
- c) listen to both sides and support whoever you think is in the right?

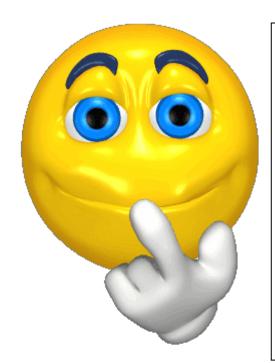


- 7. One of your friends asks you to tell a lie to stop them getting into trouble with their parents. Do you...
- a) agree to do so because you are afraid of losing their friendship
- b) say you'll only do so if you are not covering up anything serious
- c) say no and explain that you can't get involved in what's going on between them and their parents?
- 5. Your friends ask you to do something that may get you into trouble with the police. Do you...
- a) join in because everyone else is
- b) try and persuade them it's wrong, but go along with them if they won't listen
- c) tell them you're not joining in and walk away?

- 8. You friends are talking about alcohol in a way you don't like. Do you...
- a) join in, even though you feel uncomfortable
- b) keep quiet, but not show your disapproval
- c) tell them why you don't like the way they are talking?

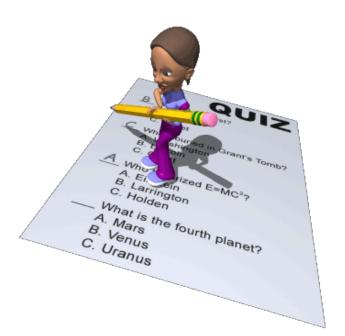
Mostly "a"s:

You are so concerned about what your friends think of you that you will do almost anything to keep in with them. You're allowing them to influence you so much that you've stopped thinking for yourself. You need to listen far more to what your instincts and conscience tell you about how to behave than to think about what will most impress your friends. You must start asserting yourself and acting according to your beliefs rather than just doing things to please others.



Mostly "c"s:

You have a healthy disregard for what others think of you and are prepared to stand up for yourself and do what you believe is right. Sometimes it will cause difficulties with friends, but you understand that it is more important to stick to your principles rather than to do things just to curry favour. Your actions give you self-respect because you don't allow people to pressurise you, and those people who are your friends know where they stand with you and can rely on you to speak your mind.



Mostly "b"s:

You hesitate before saying or doing things that you don't believe in, and sometimes you allow yourself to do things that you don't want to do in order not to upset your friends. When faced with an awkward situation you tend to look for the easy way out. You need to start trusting your own judgement more and to be more prepared to speak out and do things that might set you apart from the crowd.

