

Personal Development			
	Autumn Term	Spring Term	Summer Term
<b>Year 7 – One lesson per fortnight</b>	<u>Relationships – Getting on with Others</u>  Friendship – who can I trust? Bullying – causes, effects and solutions How to get along with others Being part of our school community Being part of a wider community	<u>My Health</u>  Teeth, eyes, skin, hearing Sleep health Healthy eating choices Puberty Personal hygiene Importance of hobbies and being active for mental and physical well-being	<u>Body Image and Identity</u>  The media, including social media on Body Image Being beautiful Young carers Disability and difference Cosmetic Surgery
Quick Quiz Assessment	QQ – End of entire unit (week 13) In addition, one other larger task will receive feedback during the term	QQ – My own physical health – (week 8) In addition, one other larger task will receive feedback during the term	QQ – Disability and difference (week 8-10) In addition, one other larger task will receive feedback during the term
Pupils do not complete prep for Personal Development			
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	Autumn Term	Spring Term	Summer Term
<b>Year 8 - One lesson per fortnight</b>	<u>Relationships – Family</u>  Types of family Parenting and children Marriage – laws, status, divorce, cohabitation Arranged marriage and cultural differences Importance of religious views for some people Challenges of bereavement Care system / adoption Traditional Vs modern views on family	<u>Health – Alcohol, Smoking and Illegal Drugs</u>  What is risk? Alcohol – the law, risks and safety Tobacco and vaping Dangers of prescribed drugs Illegal drugs – Talk to Frank website Drugs in sport Peer pressure and making choices	<u>Politics and Community</u>  Politics and Rule of Law British Values Equality Act 2010 Hate crimes, Extremism, exploitation and radicalism How to effect change – ie protests
Quick Quiz Assessment	QQ – Families (week 8) In addition, one other larger task will receive feedback during the term	QQ – Alcohol (week 3) In addition, one other larger task will receive feedback during the term	QQ – Politics (week 10) In addition, one other larger task will receive feedback during the term
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