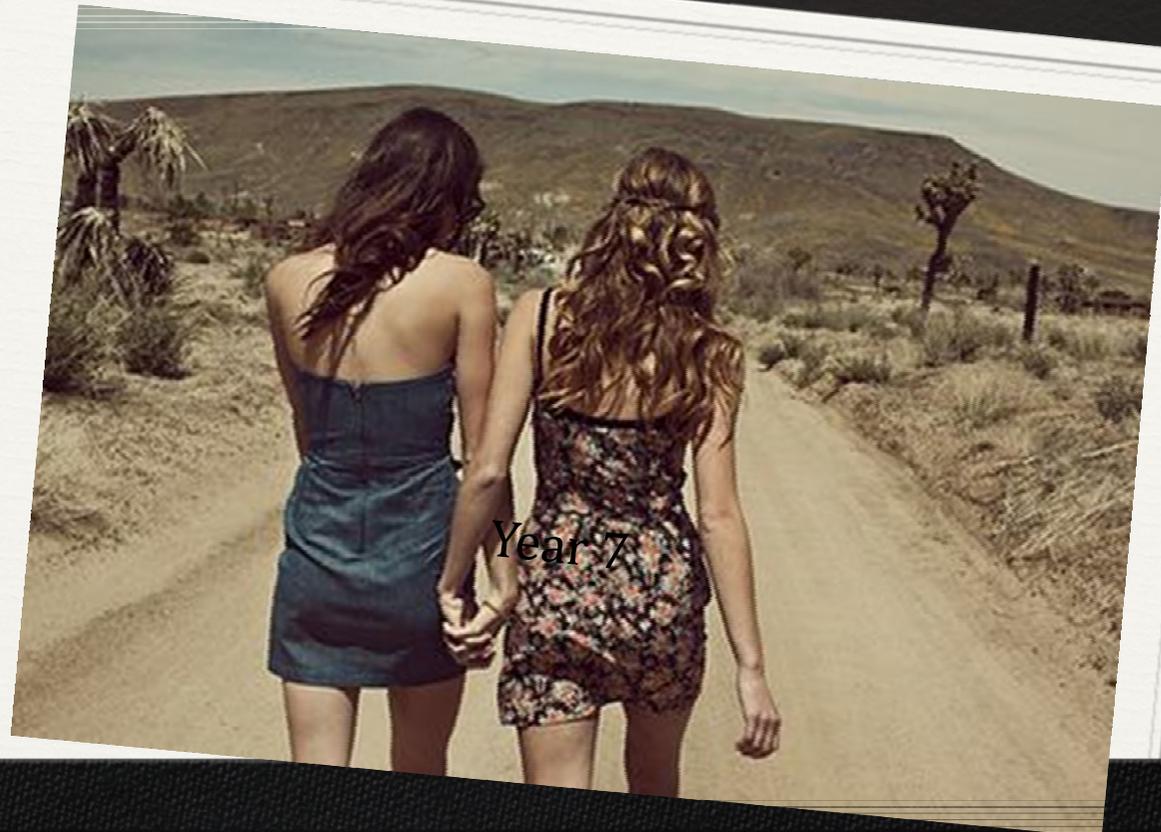
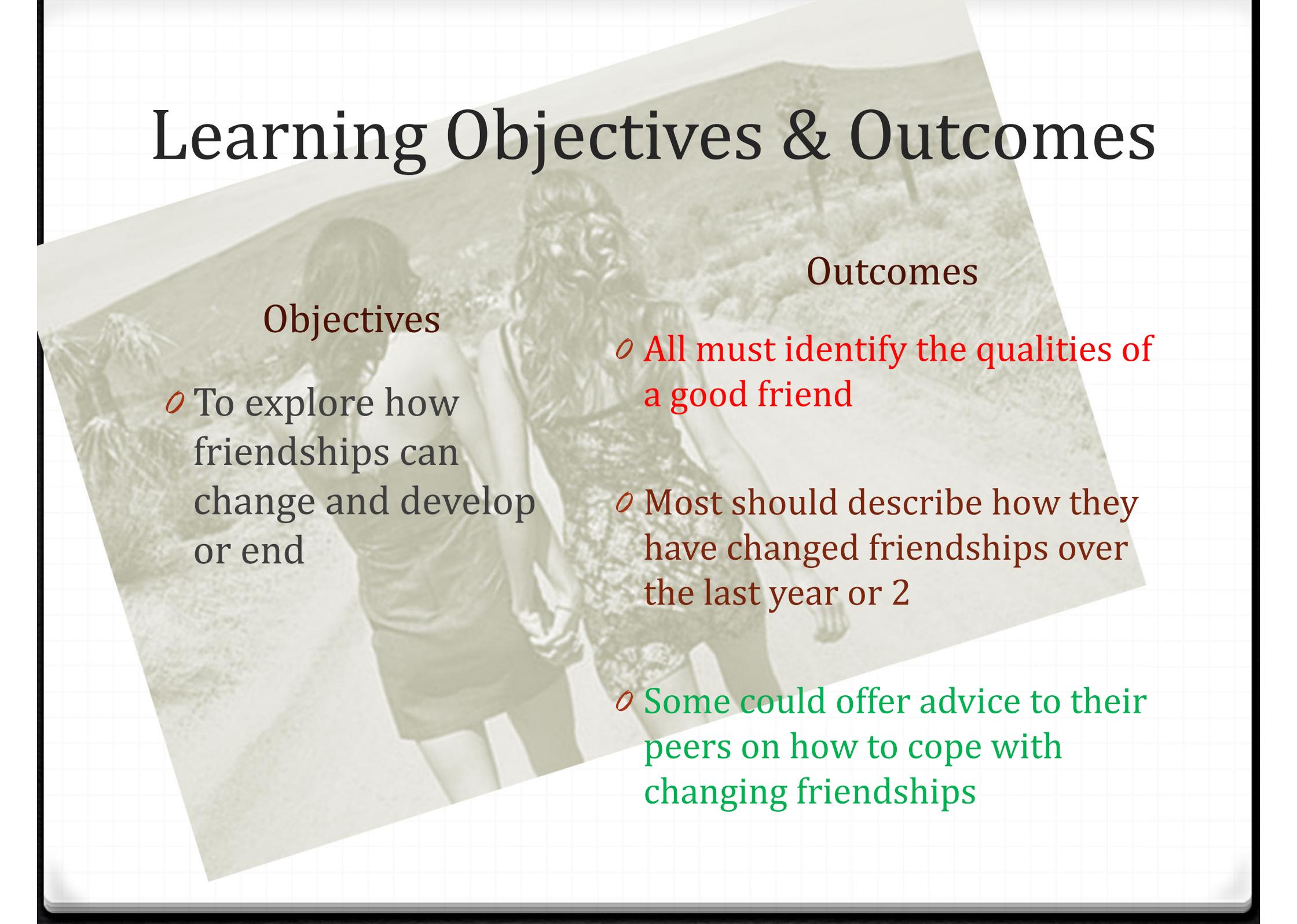


**Changing  
Friendships**



Year 7

# Learning Objectives & Outcomes



## Objectives

- To explore how friendships can change and develop or end

## Outcomes

- All must identify the qualities of a good friend
- Most should describe how they have changed friendships over the last year or 2
- Some could offer advice to their peers on how to cope with changing friendships

## **True or False?**

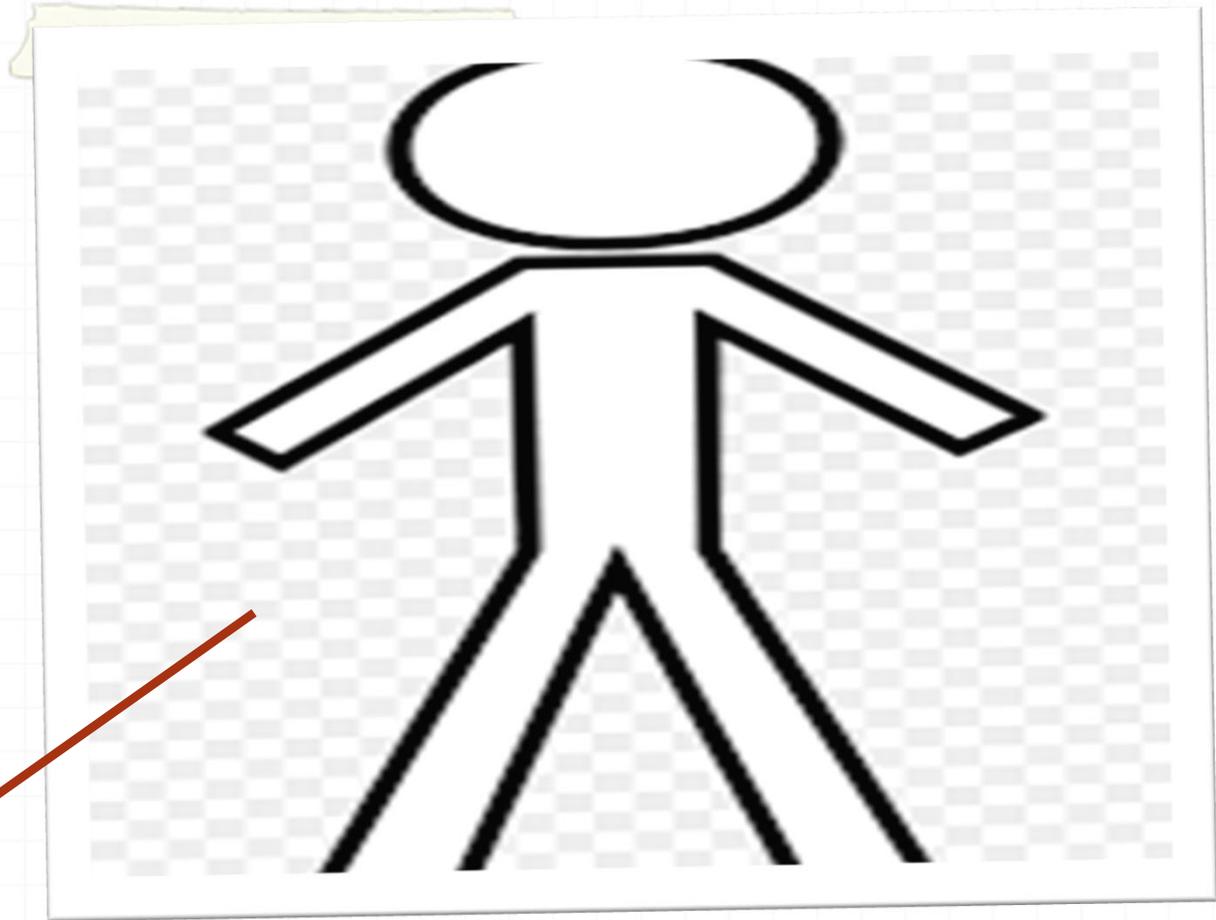
1. A good friend will always keep a secret – unless you have broken the law.
2. A best friend is a friend for life.
3. Friends shouldn't tell tales and try to cause trouble between other friends.
4. Friends should tell another friend when they have done something wrong.
5. Friends shouldn't be jealous if you have done better than them at something, but praise you.
6. Friends should tolerate you when you are different, whether it's your face, race, religion or sexuality.
7. Friends should share both the good and bad times together.
8. A friend should stick up for you, especially when you are not around to defend yourself.

What is you ideal best friends like?

[https://www.youtube.com/  
watch?v=KBOqUkyHZz4](https://www.youtube.com/watch?v=KBOqUkyHZz4)

What type of friend do you think you are?

In your books, take a whole new page to draw a stick figure. Draw arrows coming off of your person and write what attributes your ideal best friend would have



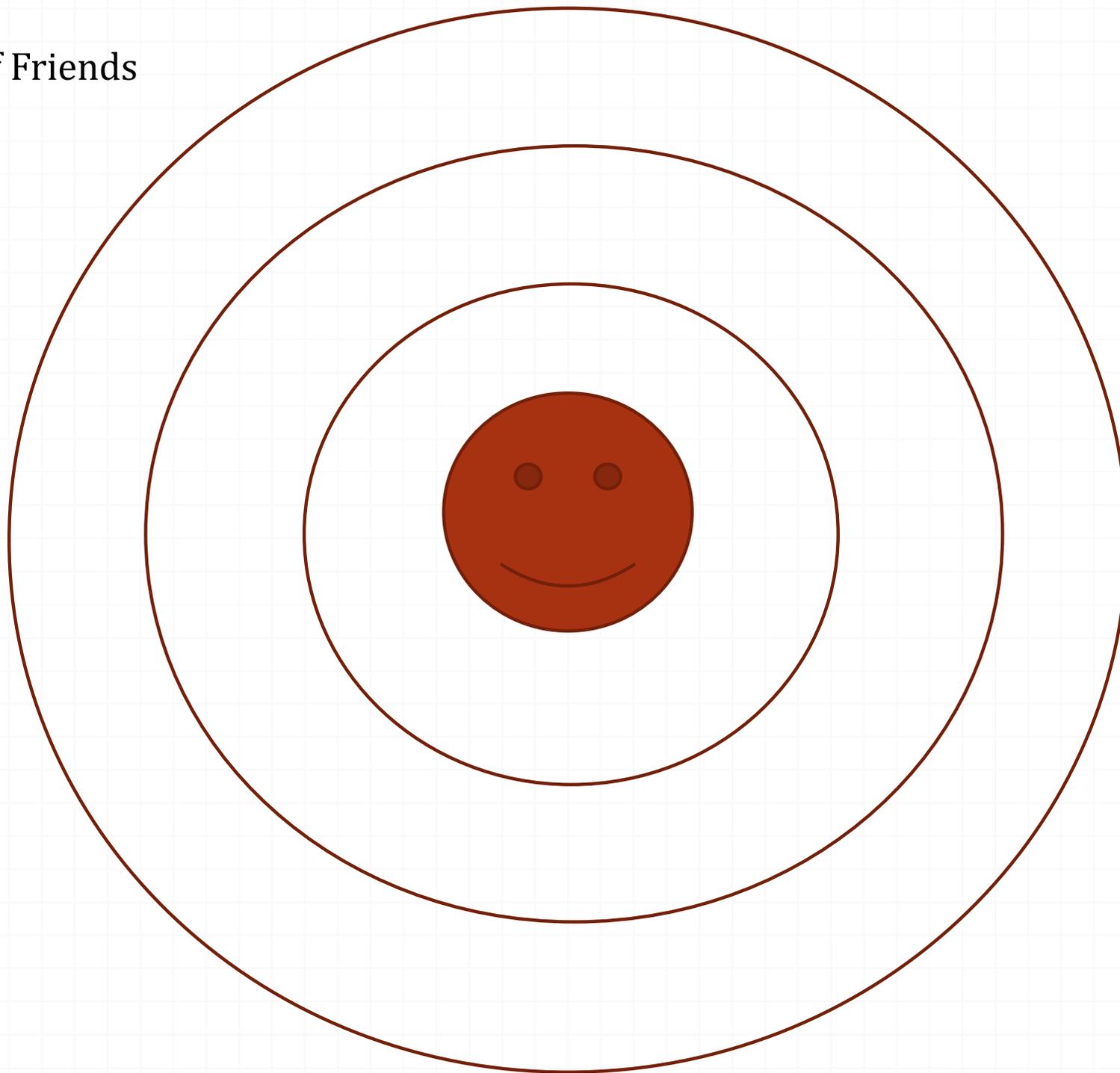
Funny

Likes the same football team as me

# Starter Activity – Circle of Friends

- In the circles list all your friends
  - In the closest circle to the centre put your best friends
  - Work your way outwards with other friends, people in your class you get on with to acquaintances
- Discuss – how have your friendships changed since you have started at your junior school? Changed to year 6?
  - Already since starting Shenfield?
- Has this been easy or hard?

# Circle of Friends



# Take the friendship quiz

- o What are the outcomes of the quiz?
- o Discuss your results with your partner.
- o Would your answers change if you were thinking about a different set of friends? Why would they? How can different friends make you act in a different way?

# Create a mindmap of friendship – use these questions to create your mindmap

- What qualities do you look for in a friend?
- Are friends more important to you now than they were in primary school? Why?
- What's the difference between a friend and an acquaintance?
- How do you tell the difference between true friends and false friends?
- What is a "best friend?" Is it possible to have more than one "best friend" at the same time?
- In what ways does friendship change as you get older?
- Is there a difference between popularity and friendship? Can you be popular and not be a good friend? What is more important, being popular, or being a good friend?
- Describe the groups or cliques that people you know associate with. Are the relationships within these group's real friendships? What's the difference between friendship and group membership?

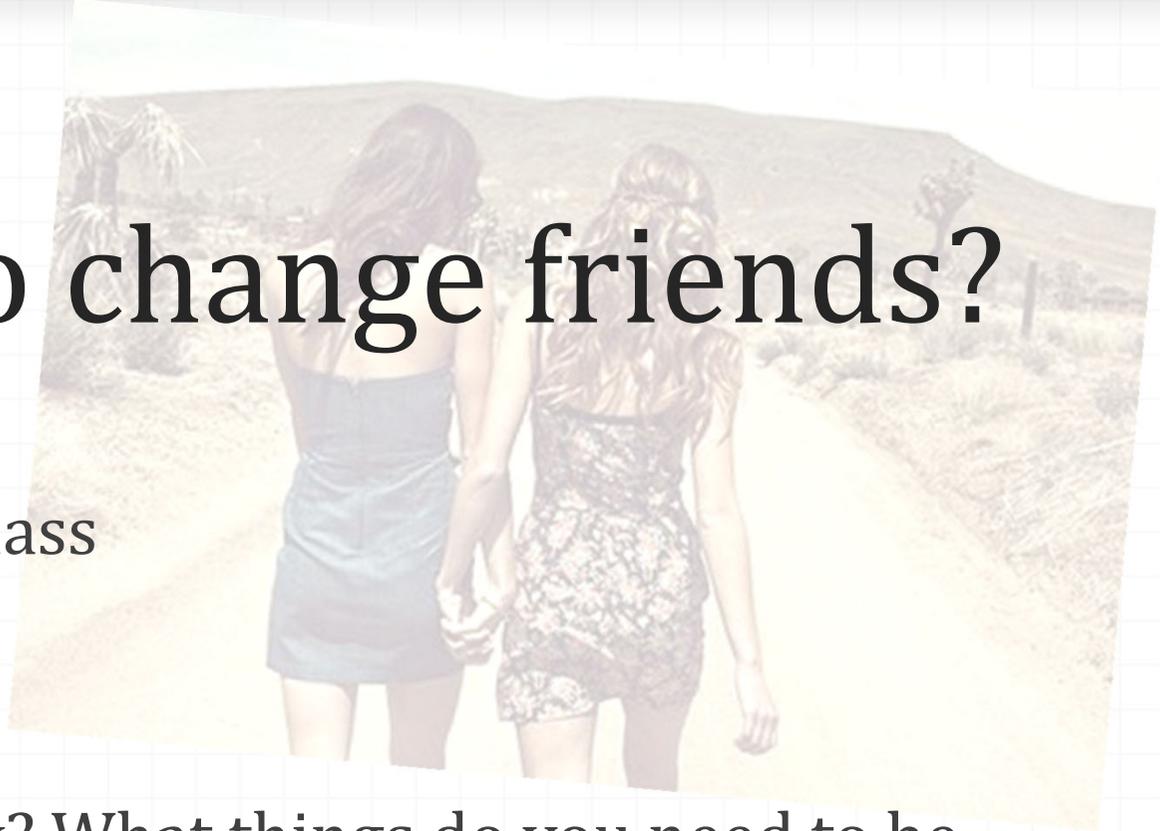
# Role play

- Get into groups of four.
- Each group is going to be given a scenario where you will create a role play of how you should and shouldn't react in these circumstances. Make sure that you work as a team in order to ensure that everyone has a role within the play.
- Group 1 – A fallout within a group of friends.
- Group 2 – A friend calls you chicken because you won't join in.
- Group 3 – A friend keeps making excuses when you ask them to come around.
- Group 4 – A friend is jealous of your success.
- Group 5 – A friend from primary has made some new friends – they don't include you in their new friendship plans

# Is it ok to change friends?

o Discuss this as a class

o What do you think? What things do you need to be able to do to make changing friendships less stressful for each other? How can you look after each other?



# Plenary – What makes a good friend?

List the qualities that you think you would like in a good friend in the thought bubble



